

PRODUCT MONOGRAPH
INCLUDING PATIENT MEDICATION INFORMATION

PrLUPRON DEPOT®

leuprolide acetate for depot suspension

3.75 mg/syringe (1-Month slow release), 7.5 mg/syringe (1-Month slow release),
11.25 mg/syringe (3-Month slow release), 22.5 mg/syringe (3-Month slow release),
30 mg/syringe (4-Month slow release)

pre-filled dual-chamber syringe containing sterile lyophilized microspheres intramuscular injection

Gonadotropin-releasing hormone analog (ATC: L02AE02)

AbbVie Corporation

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St-Laurent, QC H4S 1Z1

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- Endometriosis: MAR 11, 1999
- Uterine Fibroids: FEB 07, 2017

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RECENT MAJOR LABEL CHANGES

7 WARNINGS AND PRECAUTIONS, PROSTATE CANCER POPULATION (Only)	01/2024
7 WARNINGS AND PRECAUTIONS, ALL POPULATIONS	03/2024

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PART I: HEALTH PROFESSIONAL INFORMATION

1 INDICATIONS

LUPRON DEPOT (leuprolide acetate for depot suspension) must be administered under the supervision of a healthcare professional.

Central Precocious Puberty (CPP)

LUPRON DEPOT 3.75 mg (1-Month SR) and 7.5 mg (1-Month SR) are indicated for:

- the treatment of children with central precocious puberty (CPP).

Children should be selected using the following criteria:

1. Clinical diagnosis of CPP (idiopathic or neurogenic) with onset of secondary sexual characteristics earlier than 8 years in females and 9 years in males.
2. Clinical diagnosis should be confirmed prior to initiation of therapy as follows:
 - a) Confirmation of diagnosis by a pubertal response to a gonadotropin-releasing hormone (GnRH) stimulation test. The sensitivity and methodology of this assay must be understood.
 - b) Bone age advanced one year beyond the chronological age.
3. Baseline evaluation should also include:
 - a) Height and weight measurements
 - b) Sex steroid levels
 - c) Adrenal steroid level to exclude congenital adrenal hyperplasia
 - d) Beta human chorionic gonadotropin level to rule out a chorionic gonadotropin secreting tumor
 - e) Pelvic/adrenal/testicular ultrasound to rule out a steroid secreting tumor
 - f) Computerized tomography of the head to rule out intracranial tumor

Prostate Cancer

LUPRON DEPOT 7.5 mg (1-Month SR), 22.5 mg (3-Month SR) and 30 mg (4-Month SR) are indicated for:

- the palliative treatment of sex hormone responsive advanced (stage D2) carcinoma of the prostate.

Endometriosis

LUPRON DEPOT 3.75 mg (1-Month SR) and 11.25 mg (3-Month SR) are indicated for:

- the treatment of endometriosis, including pain relief and reduction of endometriosis lesions, for a period of six months.

LUPRON DEPOT with norethindrone acetate 5 mg daily is indicated for the initial management of endometriosis and for management of recurrence of symptoms.

LUPRON DEPOT can be used as sole therapy where it may provide symptomatic relief for women close to menopause who do not desire surgery, or as an adjunct to surgery.

Uterine Fibroids

LUPRON DEPOT 3.75 mg (1-Month SR) concomitantly with iron therapy is indicated for the preoperative hematologic improvement in women of reproductive age with anemia caused by uterine leiomyomata (uterine fibroids). Recommended duration of therapy with LUPRON DEPOT 3.75 mg (1-Month SR) is up to three months.

1.1 Pediatrics

Based on the data submitted and reviewed by Health Canada, the safety and efficacy of LUPRON DEPOT 3.75 mg (1-Month SR), 7.5 mg (1-Month SR), 11.25 mg (1-Month SR, as one injection each of 3.75 mg and 7.5 mg) and 15 mg (1-Month SR, as two injections of 7.5 mg) in pediatric patients have been established; therefore, Health Canada has authorized an indication for pediatric use (see [4.2 Recommended Dose and Dosage Adjustment](#)).

1.2 Geriatrics

The majority of the patients studied in the clinical trials for the palliative treatment of prostate cancer with LUPRON DEPOT were 65 years and older. See [14 CLINICAL TRIALS](#).

LUPRON DEPOT 3.75 mg (1-Month SR) and 11.25 mg (3-Month SR) are not indicated for women over 65 years of age.

2 CONTRAINDICATIONS

- LUPRON DEPOT (leuprolide acetate for depot suspension) is contraindicated in patients with hypersensitivity to the drug or its components or similar nonapeptides or components of the container. Isolated cases of anaphylaxis have been reported. For a complete listing, see [6 DOSAGE FORMS, STRENGTHS, COMPOSITION AND PACKAGING](#).
- LUPRON DEPOT is contraindicated in women who are or may become pregnant. When LUPRON DEPOT was administered on Day 6 of pregnancy at test dosages of 0.00024, 0.0024, and 0.024 mg/kg (1/1200 to 1/12 the human pediatric dose) or 1/300 to 1/3 the 3.75 mg LUPRON DEPOT human dose) to rabbits, LUPRON DEPOT produced a dose-related increase in major fetal abnormalities. Similar studies in rats failed to demonstrate an increase in fetal malformations. There was increased fetal mortality and decreased fetal weights with the two higher doses of

LUPRON DEPOT in rabbits and with the highest dose (0.024 mg/kg) in rats. The effects on fetal mortality are logical consequences of the alterations in hormonal levels brought about by this drug. Therefore, the possibility exists that spontaneous abortion may occur if the drug is administered during pregnancy.

Patients treated with LUPRON DEPOT should use non-hormonal methods of contraception.

- It is not known whether leuprolide acetate is excreted in human milk; therefore, LUPRON DEPOT is contraindicated in patients who are breast-feeding.
- For patients with uterine fibroids or endometriosis LUPRON DEPOT is also contraindicated in patients with undiagnosed abnormal vaginal bleeding.
- For patients with endometriosis, refer to the norethindrone acetate 5 mg tablet Product Monograph for contraindications specific to norethindrone acetate.

3 SERIOUS WARNINGS AND PRECAUTIONS BOX

Serious Warnings and Precautions

Prostate Cancer

LUPRON DEPOT (leuprolide acetate for depot suspension) should be prescribed by a qualified physician experienced in the use of hormonal therapy in prostate cancer. LUPRON DEPOT should be administered under the supervision of a health professional. The following are clinically significant adverse events:

- Clinical testosterone flare reaction in men with prostate cancer. See [7 WARNINGS AND PRECAUTIONS](#).
- Osteoporosis. See [7 WARNINGS AND PRECAUTIONS](#)

4 DOSAGE AND ADMINISTRATION

4.1 Dosing Considerations

LUPRON DEPOT (leuprolide acetate for depot suspension) must be administered by a healthcare professional.

4.1.1 Central Precocious Puberty

LUPRON DEPOT 3.75 mg (1-Month SR) and 7.5 mg (1-Month SR) administered intramuscularly is designed to provide continuous sustained release of leuprolide for 1 month.

The dose of leuprolide acetate must be individualized for each child. The dose is based on a mg/kg ratio of drug to body weight. Younger children require higher doses on a mg/kg ratio.

For each dosage form, after 1 to 2 months of initiating therapy or changing doses, the child must be monitored with a GnRH stimulation test, sex steroids, and Tanner staging to confirm downregulation. Measurements of bone age for advancement should be monitored every 6 to 12 months. The dose should be titrated upward until no progression of the condition is noted either clinically and/or by laboratory parameters.

The first dose found to result in adequate downregulation can probably be maintained for the duration of therapy in most children. However, there are insufficient data to guide dosage adjustments as patients move into higher weight categories after beginning therapy at very young ages and low dosages. It is recommended that adequate downregulation be verified in such patients whose weight has increased significantly while on therapy.

Discontinuation of leuprolide acetate should be considered before age 11 for females and age 12 for males (see [4.2 Recommended Dose and Dosage Adjustment](#)).

4.1.2 Prostate Cancer

- LUPRON DEPOT 7.5 mg (1-Month SR), 22.5 mg (3-Month SR) and 30 mg (4 Month SR) administered intramuscularly is designed to provide continuous sustained release of leuprolide for one, three, and four months, respectively.
- In patients treated with GnRH analogues for prostate cancer, treatment is usually continued upon development of castration-resistant prostate cancer. Reference should be made to relevant guidelines.

4.1.3 Endometriosis

LUPRON DEPOT 3.75 and 11.25 mg administered intramuscularly is designed to provide continuous sustained release of leuprolide for one and three months, respectively.

4.1.4 Uterine Fibroids

LUPRON DEPOT 3.75 mg administered intramuscularly is designed to provide continuous sustained release of leuprolide for one month.

4.2 Recommended Dose and Dosage Adjustment

Central Precocious Puberty

The recommended starting dose is 0.3 mg/kg/4 weeks (minimum 7.5 mg) administered as a single intramuscular injection, after reconstitution with the special diluent. See [4.4 Administration](#). The starting dose will be dictated by the child's weight as indicated in the table below:

Child's Weight	Total Monthly Dose
≤ 25 kg	7.5 mg
> 25 to ≤ 37.5 kg	11.25 mg (as one injection each of 3.75 mg and 7.5 mg)
> 37.5 kg	15 mg (as two injections of 7.5 mg)

When multiple injections are required to achieve the desired total dosage, they should be administered at the same time.

If total downregulation is not achieved, the dose should be titrated upward in increments of 3.75 mg every 4 weeks to a maximum of 15 mg per month. This dose will be considered the maintenance dose.

Due to different release characteristics, a fractional dose of the 3-month depot formulation is not equivalent to the same dose of the monthly formulation and should not be given.

Prostate Cancer

The recommended dose of LUPRON DEPOT (1-Month SR) is 7.5 mg administered monthly as a single intramuscular injection, after reconstitution with the special diluent. See [4.4 Administration](#) and [PATIENT MEDICATION INFORMATION FOR PROSTATE CANCER](#).

The recommended dose of LUPRON DEPOT (3-Month SR) is 22.5 mg administered as a single intramuscular injection once every three months (12 weeks), after reconstitution with the special diluent. See [4.4 Administration](#) and [PATIENT MEDICATION INFORMATION FOR PROSTATE CANCER](#). Due to different release characteristics, a fractional dose of this 3-Month depot formulation is not equivalent to the same dose of the monthly formulation and should therefore not be given.

The recommended dose of LUPRON DEPOT (4-Month SR) is 30 mg administered as a single intramuscular injection once every four months (16 weeks), after reconstitution with the special diluent. See [4.4 Administration](#) and [PATIENT MEDICATION INFORMATION FOR PROSTATE CANCER](#). Due to different release characteristics, a fractional dose of this 4-Month depot formulation is not equivalent to the same dose of the monthly formulation and should therefore not be given.

Endometriosis

LUPRON DEPOT 3.75 mg (1-Month SR)	LUPRON DEPOT 11.25 mg (3-Month SR)
3.75 mg for 6 months (6 monthly injections)	11.25 mg for 6 months (1 injection every 3 months)

Due to different release characteristics, a fractional dose of the three-month depot formulation is not equivalent to the same dose of the monthly formulation and should therefore not be given.

LUPRON DEPOT 3.75 mg (1-Month SR)

The recommended dose of LUPRON DEPOT (1-Month SR) is 3.75 mg administered monthly as a **single intramuscular injection**, after reconstitution with the special diluent. See [4.4 Administration](#) and [PATIENT MEDICATION INFORMATION FOR GYNECOLOGY](#). The recommended duration of the initial treatment with LUPRON DEPOT 3.75 mg alone or in combination with norethindrone acetate 5 mg daily is six months.

LUPRON DEPOT 11.25 mg (3-Month SR)

The recommended dose of LUPRON DEPOT (3-Month SR) is 11.25 mg administered as a **single intramuscular injection once every three months**, after reconstitution with the special diluent. See [4.4 Administration](#) and [PATIENT MEDICATION INFORMATION FOR GYNECOLOGY](#). The recommended duration of the initial treatment with LUPRON DEPOT 11.25 mg alone or in combination with norethindrone acetate 5 mg daily is six months.

Retreatment with LUPRON DEPOT alone cannot be recommended since safety data for retreatment are not available. If the symptoms of endometriosis recur after the course of initial therapy, and further treatment with either LUPRON DEPOT 3.75 mg (1-Month SR) or LUPRON DEPOT 11.25 mg (3-Month SR) is contemplated, combination with norethindrone acetate 5 mg daily may be considered for an additional six-month course of treatment. Retreatment beyond this additional six-month course cannot be recommended. It is recommended that bone density be assessed before retreatment begins to ensure that values are within normal limits. If norethindrone acetate is contraindicated for the individual patient, then retreatment is not recommended.

An assessment of cardiovascular risk and management of risk factors such as cigarette smoking is recommended before beginning treatment with LUPRON DEPOT and LUPRON DEPOT with norethindrone acetate.

Uterine Fibroids

LUPRON DEPOT 3.75 mg (1-Month SR)

The recommended dose of LUPRON DEPOT (1-Month SR) is 3.75 mg administered **monthly** as a **single intramuscular injection** with concomitant daily oral iron therapy for the preoperative hematologic improvement of patients with leiomyomas and iron-deficiency anemia caused by excessive uterine bleeding. The recommended duration of the treatment with LUPRON DEPOT 3.75 mg is up to three months.

Daily oral iron supplementation should be taken. Instruct the patient on the daily dose.

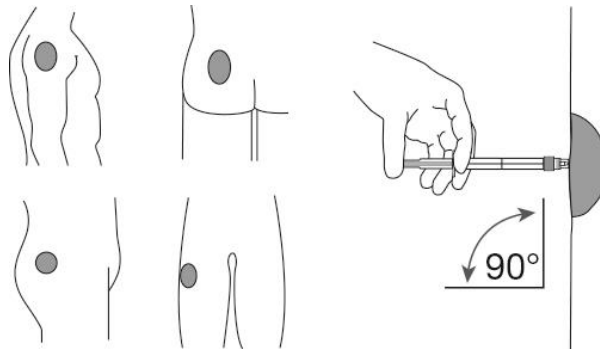
The iron supplement can be chosen in accordance with what is locally available. Refer to the Iron Natural and Non-prescription Health Products Directorate (NNHPD) monograph and/or product packaging labels for information on iron dosage and administration.

4.3 Reconstitution

The lyophilized microspheres contained in the front chamber of the pre-filled dual-chamber syringe are to be reconstituted prior to intramuscular administration, in accord with the following directions:

1. The LUPRON DEPOT powder should be visually inspected and the syringe should **NOT BE USED** if clumping or caking is evident. A thin layer of powder on the wall of the syringe is considered normal. The diluent should appear clear.

2. To prepare for injection, screw the white plunger into the end stopper until the stopper begins to turn.
3. Remember to tighten the needle by twisting the needle cap clockwise. Do not overtighten.
4. Holding the syringe upright, release the diluent by **SLOWLY PUSHING** (6 to 8 seconds) the plunger until the first stopper is at the blue line in the middle of the barrel.
5. Keep the syringe upright. Gently shake the syringe to thoroughly mix the microspheres (powder) to form a uniform suspension. The suspension will appear milky.
6. If the microspheres adhere to the stopper or caking/clumping is present, tap the syringe against your finger to disperse. **DO NOT USE** if any of the powder has not gone into suspension.
7. Keep the syringe upright. With the opposite hand, remove the needle cap without twisting and advance the plunger to expel the air from the syringe.
8. At the time of reconstitution, inject the entire contents of the syringe intramuscularly by inserting the needle at a 90 degree angle into the gluteal area, anterior thigh, or deltoid; injection sites should be alternated.



The suspension settles very quickly following reconstitution; therefore, LUPRON DEPOT should be mixed and used immediately.

Note: Aspirated blood would be visible just below the luer lock connection if a blood vessel is accidentally penetrated. If present, blood can be seen through the transparent LuproLoc® safety device. If blood is present remove the needle immediately. Do not inject the medication.

9. After injection, withdraw the needle. Immediately activate the LuproLoc safety device by pushing the arrow forward with the thumb or finger until the device is fully extended and a CLICK is heard or felt.

Please also see booklet of Instructions for Use.

Although the suspension has been shown to be stable for 24 hours following reconstitution, since the product does not contain a preservative, the suspension should be discarded if not used immediately.

As with other drugs administered by injection, the injection site should be varied periodically.

4.4 Administration

As with all parenteral products, inspect container's solution for discoloration and particulate matter before each use.

LUPRON DEPOT needs to be reconstituted prior to administration (see [4.3 Reconstitution](#)).

4.5 Missed Dose

Central Precocious Puberty

Regular injections are important. Adherence to four-week drug administration schedules must be accepted if therapy is to be successful. If a shot is missed or is administered a week late, the child's pubertal development could begin again. See [7 WARNINGS AND PRECAUTIONS](#).

Prostate Cancer

Maintaining testosterone suppression is important in treating the symptoms of hormone-dependent prostate cancer. Missing an appointment by a few days should not disrupt the benefits of treatment, but keeping a consistent schedule of LUPRON DEPOT injection is an important part of treatment.

Endometriosis/Uterine Fibroids

Missing an appointment by a few days should not disrupt the benefits of treatment, but keeping a consistent schedule of LUPRON DEPOT injections is an important part of treatment.

5 OVERDOSAGE

For management of a suspected drug overdose, contact your regional poison control centre.

There is no clinical experience with the effects of an acute overdose. Because the acute animal toxicity of the drug is low, adverse effects are not expected. No difference in adverse reactions was observed in patients who received either 1 or 10 mg/day leuprolide acetate for up to three years or 20 mg/day for up to two years.

In cases of overdosage, the patients should be monitored closely and management should be symptomatic and supportive.

In rats, subcutaneous administration of leuprolide acetate as a single dose 333 times the recommended human pediatric dose, expressed on a per body weight basis, resulted in dyspnea, decreased activity, and excessive scratching.

In rats, subcutaneous administration of approximately 133 times the recommended human dose, expressed on a per body weight basis, resulted in dyspnea, decreased activity, and local irritation at the injection site. There is no evidence at present that there is a clinical counterpart of this phenomenon.

6 DOSAGE FORMS, STRENGTHS, COMPOSITION AND PACKAGING

LUPRON DEPOT is available in five strengths: 3.75 mg (1-Month SR), 7.5 mg (1-Month SR), 11.25 mg (3-Month SR), 22.5 mg (3-Month SR) and 30 mg (4-Month SR).

LUPRON DEPOT 3.75 mg (1-Month SR), 7.5 mg (1-Month SR), 11.25 mg (3-Month SR), 22.5 mg (3-Month SR) and 30 mg (4-Month SR) is supplied in single-dose kits containing one pre-filled dual-chamber syringe with 23 G needle and one booklet including indication-specific PATIENT MEDICATION INFORMATION as well as Instructions for Use.

Table 1. Dosage Forms, Strengths, Composition and Packaging for Depot Formulations

Route of Administration	Indication(s)	Dosage Form/Strength	Dosage Frequency	Clinically Relevant Non-Medicinal Ingredients
intramuscular	<ul style="list-style-type: none"> Central Precocious Puberty Endometriosis Uterine Fibroids 	pre-filled dual-chamber syringe containing sterile lyophilized microspheres / 3.75 mg (1-Month SR)	every month	carboxymethylcellulose sodium, DL-lactic and glycolic acids copolymer, D-mannitol, gelatin, glacial acetic acid, polysorbate 80
	<ul style="list-style-type: none"> Central Precocious Puberty Prostate Cancer 	pre-filled dual-chamber syringe containing sterile lyophilized microspheres / 7.5 mg (1-Month SR)	every month	carboxymethylcellulose sodium, DL-lactic and glycolic acids copolymer, D-mannitol, gelatin, glacial acetic acid, polysorbate 80
	Endometriosis	pre-filled dual-chamber syringe containing sterile lyophilized microspheres / 11.25 mg (3-month SR)	once every 3 months	carboxymethylcellulose sodium, D-mannitol, glacial acetic acid, polylactic acid, polysorbate 80
	Prostate Cancer	pre-filled dual-chamber syringe containing sterile lyophilized microspheres / 22.5 mg (3-Month SR)	once every 3 months	carboxymethylcellulose sodium, D-mannitol, glacial acetic acid, polylactic acid, polysorbate 80
	Prostate Cancer	pre-filled dual-chamber syringe containing sterile lyophilized microspheres / 30 mg (4-Month SR)	once every 4 months	carboxymethylcellulose sodium, D-mannitol, glacial acetic acid, polylactic acid, polysorbate 80

Definition: SR = Slow Release

During the manufacturing process of LUPRON DEPOT, acetic acid is lost, leaving the leuprolide peptide.

7 WARNINGS AND PRECAUTIONS

ALL POPULATIONS

The following Warnings and Precautions are applicable to all indicated, approved treatment populations in Canada.

General

During the early phase of therapy, sex steroids temporarily rise above baseline because of the physiologic effect of the drug. Therefore, an increase in clinical signs and symptoms may be observed during the initial days of therapy, but these will dissipate with continued therapy at adequate doses.

Carcinogenesis and Mutagenesis

Two-year carcinogenicity studies were conducted in rats and mice. In rats, a dose-related increase of benign pituitary hyperplasia and benign adenomas was noted at 24 months when the drug was administered subcutaneously at high daily doses (0.6 to 4 mg/kg/day). Also in rat, there was a significant but not a dose-related increase of pancreatic islet-cell adenomas in females and of testicular interstitial cell adenomas in males (highest incidence in the low-dose group). In mice, no pituitary abnormalities were observed at a dose as high as 60 mg/kg/day for two years.

Patients have been treated with leuprolide acetate for up to three years with doses as high as 10 mg/day and for two years with doses as high as 20 mg/day without demonstrable pituitary abnormalities.

Mutagenicity studies have been performed with leuprolide acetate using bacterial and mammalian systems. These studies provided no evidence of a mutagenic potential. See [16 NON-CLINICAL TOXICOLOGY](#).

Dependence/Tolerance

No drug-dependence has been reported with the use of leuprolide acetate.

Hepatic/Biliary/Pancreatic

The pharmacokinetics of the drug in patients with hepatic, biliary or pancreatic impairment have not been determined.

Hypersensitivity Reactions

Acute Hypersensitivity Reactions

Acute hypersensitivity reactions, including anaphylaxis, have been reported with LUPRON DEPOT use. LUPRON DEPOT is contraindicated in patients with a history of hypersensitivity to gonadotropin-releasing hormone (GnRH) or GnRH agonist analogs.

In clinical trials of LUPRON DEPOT 3.75 mg and 11.25 mg, adverse events of asthma were reported in patients with pre-existing histories of asthma, sinusitis, and environmental or drug allergies. Symptoms consistent with an anaphylactoid or asthmatic process have been reported postmarketing.

Delayed Hypersensitivity Reactions

Delayed hypersensitivity reactions including the severe cutaneous adverse reactions (SCAR) of Stevens-Johnson Syndrome (SJS) and Toxic Epidermal Necrolysis (TEN) have been very rarely reported postmarketing in association with leuprorelin acetate therapy (see 8.5 Post-Market Adverse Reactions). Discontinue future leuprorelin acetate therapy at first signs or symptoms of a delayed hypersensitivity reaction, and treat patients according to current clinical practice.

Neurologic

Convulsions

Postmarketing reports of convulsions have been observed in patients receiving GnRH agonists, including leuprolide acetate. These included patients in the female and pediatric populations, patients with a history of seizures, epilepsy, cerebrovascular disorders, central nervous system anomalies or tumors, and in patients on concomitant medications that have been associated with convulsions such as bupropion and selective serotonin reuptake inhibitors (SSRIs). Convulsions have also been reported in patients in the absence of any of the conditions mentioned above.

Renal

The pharmacokinetics of the drug in patients with renal impairment have not been determined.

CENTRAL PRECOCIOUS PUBERTY POPULATION (Only)

Noncompliance with the drug regimen or inadequate dosing may result in inadequate control of the pubertal process. The consequences of poor control include the return of pubertal signs such as menses, breast development, and testicular growth. The long-term consequences of inadequate control of gonadal steroid secretion are unknown, but may include a further compromise of adult stature.

Endocrine and Metabolism

Changes in Bone Mineral Density

Bone mineral density (BMD) changes can occur during the hypoandrogenic state caused by long-term use of LUPRON DEPOT. In patients with significant risk factors for decreased bone mineral content and/or bone mass such as family history of osteoporosis, chronic use of corticosteroids or anticonvulsants or chronic abuse of alcohol or tobacco, leuprolide acetate may pose additional risk. In these patients, risk versus benefit must be weighed carefully before initiation of leuprolide acetate therapy.

BMD may decrease with GnRH agonist, including LUPRON DEPOT, in children with central precocious puberty. However, after cessation of treatment subsequent bone mass accrual is preserved and peak bone mass in late adolescence does not seem to be affected by treatment.

Hypogonadism

Long-term administration of leuprolide acetate will cause suppression of pituitary gonadotropins and gonadal hormone production with clinical symptoms of hypogonadism. These changes have been observed to reverse on discontinuation of therapy. However, whether the clinical symptoms of induced hypogonadism will reverse in all patients has not yet been established.

Monitoring and Laboratory Tests

Response to LUPRON DEPOT should be monitored 1 to 2 months after the start of therapy with a GnRH stimulation test and sex steroid levels. Measurement of bone age for advancement should be done every 6 to 12 months.

Sex steroids may increase or rise above prepubertal levels if the dose is inadequate. See [7 WARNINGS AND PRECAUTIONS](#). Once a therapeutic dose has been established, gonadotropin and sex steroid levels will decline to prepubertal levels.

Neurologic

Postmarketing reports of convulsions have been observed in patients receiving GnRH agonists, including LUPRON DEPOT. These included patients in the female and pediatric populations, patients with a history of seizures, epilepsy, cerebrovascular disorders, central nervous system anomalies or tumors, and in patients on concomitant medications that have been associated with convulsions such as bupropion and SSRIs. Convulsions have also been reported in patients in the absence of any of the conditions mentioned above.

Pseudotumor cerebri/idiopathic intracranial hypertension

Pseudotumor cerebri (PTC)/idiopathic intracranial hypertension has been reported in pediatric patients receiving leuprolide acetate. Monitor patients for signs and symptoms of PTC, including headache, papilledema, blurred vision, diplopia, loss of vision, pain behind the eye or pain with eye movement, tinnitus, dizziness, and nausea. Refer the patient to an ophthalmologist to confirm the presence of papilledema. If PTC is confirmed, treat the patient in accordance to the established treatment guidelines and permanently discontinue use of leuprolide acetate.

Psychiatric

Psychiatric events have been reported in patients taking GnRH agonists including LUPRON DEPOT. Postmarketing reports with this class of drugs include symptoms of emotional lability, such as crying, irritability, impatience, anger and aggression. Monitor for development or worsening of psychiatric symptoms during treatment with LUPRON DEPOT (see [8.5 Post-Market Adverse Reactions](#)).

PROSTATE CANCER POPULATION (Only)

Please see [3 SERIOUS WARNINGS AND PRECAUTIONS BOX](#).

LUPRON DEPOT, like other gonadotropin-releasing hormone (LHRH) agonists, causes a transient increase in serum concentration of testosterone during the first weeks of treatment. Patients may experience worsening of symptoms or onset of new symptoms, including bone pain, neuropathy, hematuria, or ureteral or bladder outlet obstruction. Cases of spinal cord compression, which may contribute to paralysis with or without fatal complications, have been reported with LHRH agonists. If spinal cord compression or renal impairment due to ureteral obstruction develops, standard treatment of these complications should be instituted.

Patients with metastatic vertebral lesions and/or with urinary tract obstruction should begin leuprolide acetate therapy under close supervision.

Cardiovascular

Increased risk of developing myocardial infarction, sudden cardiac death and stroke has been reported in association with use of gonadotropin-releasing hormone (GnRH) agonists in men. The risk should be evaluated carefully along with cardiovascular risk factors when determining a treatment for patients with prostate cancer. Patients receiving GnRH agonists should be monitored for symptoms and signs suggestive of development of cardiovascular disease and be managed according to current clinical practice. See [7 WARNINGS AND PRECAUTIONS](#).

Effect on QT/QTc Interval

Androgen deprivation therapy has the potential to prolong QT/QTc interval on an ECG. Physicians should consider whether the benefits of androgen deprivation therapy outweigh the potential risk in patients with congenital long QT syndrome, electrolyte abnormalities, or congestive heart failure and in patients taking Class IA (e.g., quinidine, procainamide), Class III (e.g., amiodarone, sotalol, dofetilide, ibutilide), or Class IC (e.g., flecainide, propafenone) antiarrhythmic medications.

In a randomized, active-controlled trial to compare leuprolide acetate 7.5 mg with an LHRH antagonist in patients with prostate cancer, periodic electrocardiograms were collected and evaluated. In the leuprolide cohort, a mean QTcF increase of 17 msec from baseline was reported. The percentage of subjects who experienced maximum QTcF changes of > 30 to < 60 msec and ≥ 60 msec was 41 and 4%, respectively.

Endocrine and Metabolism

Metabolic changes

In men treated with androgen deprivation therapy (ADT), including GnRH agonists, an increased risk of developing metabolic changes such as hyperglycemia, hyperlipidemia, non-alcoholic fatty liver disease (NAFLD), and diabetes has been reported. See [8 ADVERSE REACTIONS](#). Hyperglycemia may represent development of diabetes mellitus or worsening of glycemic control in patients with diabetes. Patients at increased risk should be monitored for the signs and symptoms of metabolic syndrome including lipids, blood glucose and/or glycosylated hemoglobin (HbA1c) and liver function.

Changes in Bone Density

Decreased bone mineral density can be anticipated with long-term use of an LHRH agonist. Androgen deprivation therapy is associated with increased risks of osteoporosis and skeletal bone fractures. The risk of skeletal fracture increases with the duration of androgen deprivation therapy. Assessment of osteoporosis risk and management according to clinical practice and guidelines should be considered.

In patients with significant risk factors for decreased bone mineral content and/or bone mass such as chronic alcohol and/or tobacco use, presumed or strong family history of osteoporosis or chronic use of drugs that can reduce bone mass such as anticonvulsants or corticosteroids, leuprolide acetate may pose an additional risk. In these patients, risk versus benefit must be weighed carefully before therapy with LUPRON DEPOT is instituted.

Hypogonadism

Long-term administration of leuprolide acetate will cause suppression of pituitary gonadotropins and gonadal hormone production with clinical symptoms of hypogonadism. These changes have been observed to reverse on discontinuation of therapy. However, whether the clinical symptoms of induced hypogonadism will reverse in all patients has not yet been established.

Reduction in Glucose Tolerance

A reduction in glucose tolerance and an increased risk in developing diabetes have been reported in men treated with androgen deprivation therapy. Patients treated with LUPRON DEPOT should undergo periodic monitoring of blood glucose. Diabetic patients may require more frequent monitoring when receiving LUPRON DEPOT.

Hematologic

Anemia is a known physiologic consequence of testosterone suppression. Assessment of anemia risk and management according to local clinical practice and guidelines should be considered.

Hepatic/Biliary/Pancreatic

In the postmarketing setting, cases of serious liver injury (including reports of fatal cases) have been described in which a causal association with leuprolide acetate therapy is suspected. Elevations in alanine aminotransferase (ALT) in patients receiving LUPRON DEPOT in clinical trials have been reported. Monitoring of liver function in patients treated with LUPRON DEPOT should be considered.

Monitoring and Laboratory Tests

Response to LUPRON DEPOT should be monitored by measuring serum levels of testosterone, as well as prostate-specific antigen and prostatic acid phosphatase. In the majority of patients, testosterone levels increased above baseline during the first week, declining thereafter to baseline levels or below by the end of the second week. In the LUPRON DEPOT 30 mg (4-Month SR) study, castrate levels were reached within two to four weeks, and once achieved, were maintained in most patients (45/49) for as long as the patients received their injections. See [14 CLINICAL TRIALS](#).

The effects of leuprolide acetate on bone lesions may be monitored by bone scans, while its effects on prostatic lesions may be monitored by ultrasonography and/or computed tomography (CT) scan in addition to digital rectal examination.

Intravenous pyelogram, ultrasonography, or CT scan may also be utilized to diagnose or assess the status of obstructive uropathy.

Periodic monitoring of serum testosterone and Prostatic Specific Antigen (PSA) levels is recommended, especially if the anticipated clinical or biochemical response to treatment has not been achieved. It should be noted that results of testosterone determinations are dependent on assay methodology. It is advisable to be aware of the type and precision of the assay methodology to make appropriate clinical and therapeutic decisions.

Baseline risk factors of cardiovascular diseases should be assessed. Patients receiving LUPRON DEPOT should be monitored periodically for risk factors, signs and symptoms of cardiovascular diseases. In addition, baseline ECG recording and serum potassium, calcium, and magnesium levels are recommended. Monitoring of ECG and serum electrolyte levels during treatment should also be considered for those at risk for electrolyte abnormality and QTc prolongation.

Blood glucose levels and/or glycosylated hemoglobin (HbA1c) should be checked periodically in patients treated with LUPRON DEPOT and more frequently in diabetic patients. See [7 WARNINGS AND PRECAUTIONS](#).

Monitoring of liver function in patients treated with LUPRON DEPOT should be considered.

Psychiatric

Like other drugs in this class, mood swings, including depression, have been reported with LUPRON DEPOT (see [8.2 Clinical Trial Adverse Reactions](#)). There have been reports of suicidal ideations and attempt (see [8.5 Post-Market Adverse Drug Reactions](#)). Patients should be counseled on the possibility of development or worsening of depression during treatment with LUPRON DEPOT.

ENDOMETRIOSIS/UTERINE FIBROIDS POPULATION (Only)

Isolated cases of short-term worsening of signs and symptoms have been reported during initiation of leuprolide therapy. They are sometimes, but not necessarily, associated with a stimulation of the pituitary gland and an initial increase in the levels of circulating gonadal hormones.

Worsening of the clinical condition may occasionally require discontinuation of therapy and/or surgical intervention.

Before initiating treatment with LUPRON DEPOT, pregnancy must be ruled out. See [7.1.1 Pregnant Women](#).

Patients on leuprolide therapy should be assessed on a regular basis by their attending physician.

For patients with endometriosis, refer to the norethindrone acetate 5 mg tablet Product Monograph for information on the WARNINGS and PRECAUTIONS related to norethindrone acetate.

Endocrine and Metabolism

Changes in Bone Density

Endometriosis

Since bone loss can be anticipated as part of natural menopause, it may also be expected to occur during the medically induced hypoestrogenic state caused by the long-term use of LUPRON DEPOT. For a period of up to six months, this bone loss should not be important.

Clinical studies indicate that concurrent hormonal replacement therapy (add-back therapy) with norethindrone acetate 5 mg daily and calcium supplementation is effective in reducing the loss of bone mineral density which occurs with LUPRON DEPOT. See [14.1 Clinical Trials by Indication](#), Endometriosis, LUPRON DEPOT 3.75 mg (1-Month SR), Clinical Evaluation in Studies M92-878 and M97-777, Bone Mineral Density.

If the symptoms of endometriosis recur after a course of therapy, and further treatment with LUPRON DEPOT is contemplated, it is recommended that bone density be assessed before retreatment begins to ensure that values are within normal limits. Retreatment with a six-month course of LUPRON DEPOT and norethindrone acetate 5 mg daily may be considered. Retreatment with LUPRON DEPOT alone is not recommended.

In patients with significant risk factors for decreased bone mineral content and/or bone mass such as family history of osteoporosis, chronic use of corticosteroids or anticonvulsants or chronic abuse of alcohol or tobacco, leuprolide may pose additional risk. In these patients, risk versus benefit must be weighed carefully before initiation of leuprolide therapy, and concomitant treatment with norethindrone acetate 5 mg daily should be considered. Retreatment with gonadotropin-releasing hormone analogs, including LUPRON DEPOT, is not advisable in patients with major risk factors for loss in bone mineral content.

A controlled study in endometriosis patients showed that vertebral bone density, as measured by dual energy X-ray absorptiometry (DEXA), decreased by an average of 4.1% at six months compared with the pretreatment value.

For those patients who were tested at 6 or 12 months after discontinuation of therapy, the mean bone density returned to -2.6% of pretreatment.

Earlier studies in endometriosis patients, utilizing quantitative computed tomography (QCT), demonstrated that in the few patients who were retested at 6 and 12 months, partial to complete recovery of bone density was recorded in the posttreatment period. Use of LUPRON DEPOT for longer than six months or in the presence of other known risk factors for decreased bone mineral content may cause additional bone loss.

Two clinical studies demonstrated that concurrent hormonal therapy with norethindrone acetate 5 mg daily and calcium supplementation significantly reduced the loss of bone mineral density that occurs with LUPRON DEPOT treatment, without compromising the efficacy of LUPRON DEPOT in relieving

symptoms of endometriosis. The bone mineral density data from these two studies, evaluated after six months and one year of treatment at the lumbar spine, are presented in **Table 2**.

Table 2. Mean Percent Change from Baseline in Bone Mineral Density of Lumbar Spine in the Add-Back Studies

	LUPRON DEPOT 3.75 mg		LUPRON DEPOT 3.75 mg + norethindrone acetate 5 mg daily			
	Controlled Study (Study M92-878)		Controlled Study (Study M92-878)		Open Label Study (Study M97-777)	
	N	Change	N	Change	N	Change
Week 24 ¹	41	-3.2%	42	-0.3%	115	-0.2%
Week 52 ²	29	-6.3%	32	-1.0%	84	-1.1%

1. Includes on-treatment measurements that fell within 2 to 252 days after the first day of treatment.
2. Includes on-treatment measurements >252 days after the first day of treatment.

The safety of retreatment as well as treatment beyond six months with LUPRON DEPOT has not been established.

Adverse events occurring in clinical studies with LUPRON DEPOT that are associated with hypoestrogenism include hot flashes, headaches, emotional lability, decreased libido, acne, myalgia, reduction in breast size, and vaginal dryness. Estrogen levels returned to normal after treatment was discontinued.

Uterine Fibroids

It can be anticipated that the administration of LUPRON DEPOT 3.75 mg (1-Month SR) in women causes some reduction of BMD. However, the short treatment duration (up to three months) in women with uterine fibroids who plan to undergo uterine fibroid surgery and the fact that BMD will rise again post therapy when sex steroids return to normal levels will make an impact on clinical outcome, such as fractures, unlikely.

Monitoring and Laboratory Tests

Changes in Laboratory Values During Treatment

Plasma Enzymes

Endometriosis

During clinical trials with LUPRON DEPOT alone, regular laboratory monitoring revealed that serum glutamic oxaloacetic transaminase (SGOT) levels were more than twice the upper limit of normal in only one patient. There was no other clinical or laboratory evidence of abnormal liver function.

In two other clinical trials, 6 of 191 patients receiving LUPRON DEPOT 3.75 mg (1-Month SR) plus norethindrone acetate 5 mg daily for up to 12 months developed an elevated (at least twice the upper

limit of normal) serum glutamic pyruvic transaminase (SGPT) or gamma-glutamyltransferase (GGT). Five of the six increases were observed beyond six months of treatment. None were associated with elevated bilirubin concentration.

Uterine Fibroids

In clinical trials with LUPRON DEPOT 3.75 mg (1-Month SR), five (3%) patients had a post-treatment transaminase value that was at least twice the baseline value and above the upper limit of the normal range. None of the laboratory increases were associated with clinical symptoms.

Hematology

Endometriosis

Slight decreases in hemoglobin and hematocrit values to below normal were noted with receipt of LUPRON DEPOT 11.25 mg (3-Month SR), but none were considered clinically significant.

Uterine Fibroids

In LUPRON DEPOT 3.75 mg (1-Month SR) treated patients, although there were statistically significant mean decreases in platelet counts from baseline to final visit, the last mean platelet counts were within the normal range. Decreases in total WBC count and neutrophils were observed, but were not clinically significant.

Lipids

Endometriosis

At enrolment, 4% of LUPRON DEPOT 3.75 mg (1-Month SR) patients and 1% of the danazol patients had total cholesterol values above the normal range. These patients also had cholesterol values above the normal range at the end of treatment. Of those patients whose pretreatment cholesterol values were in the normal range, 7% of the LUPRON DEPOT patients and 9% of the danazol patients had posttreatment values above the normal range.

The mean (\pm SEM) pretreatment values for total cholesterol from all patients were 4.63 (0.08) mmol/L in the LUPRON DEPOT 3.75 mg (1-Month SR) group and 4.54 (0.08) mmol/L in the danazol group. At the end of treatment, the mean values for total cholesterol from all patients were 5.01 mmol/L in the LUPRON DEPOT group and 5.03 mmol/L in the danazol group. These increases from the pretreatment values were statistically significant ($p < 0.03$) in both groups.

Triglycerides were increased above the upper limit of normal in 12% of the patients who received LUPRON DEPOT 3.75 mg (1-Month SR) and in 6% of the patients who received danazol.

At the end of treatment, high-density lipoprotein (HDL) cholesterol fractions decreased below the lower limit of the normal range in 2% of the LUPRON DEPOT 3.75 mg (1-Month SR) patients compared with 54% of those receiving danazol. Low-density lipoprotein (LDL) cholesterol fractions increased above the upper limit of the normal range in 6% of the patients receiving LUPRON DEPOT 3.75 mg (1-Month SR) compared with 23% of those receiving danazol. There was no increase in the LDL/HDL ratio in patients receiving LUPRON DEPOT 3.75 mg (1-Month SR), but there was approximately a two-fold increase in the LDL/HDL ratio in patients receiving danazol. The clinical implication of these changes in this patient population for a restricted therapeutic period is unclear.

Isolated elevations of SGOT were observed in leuprolide acetate- and danazol-treated patients.

In subjects receiving LUPRON DEPOT 11.25 mg (3-Month SR), triglycerides were slightly elevated (range 142 to 210 mg/dL) in 32% of the subjects who had demonstrated normal baseline values.

In two other clinical trials, LUPRON DEPOT 3.75 mg (1-Month SR) plus norethindrone acetate 5 mg daily were evaluated for 12 months of treatment. LUPRON DEPOT 3.75 mg (1-Month SR) was used as a control group in one study. Percent changes from baseline for serum lipids and percentages of patients with serum lipid values outside of the normal range in the two studies are summarized in **Table 3** and **Table 4**, below.

Table 3. Serum Lipids: Mean Percent Changes from Baseline Values at Treatment Week 24 in the Add-Back Studies

	Controlled Study (Study M92-878)				Open Label Study (Study M97-777)	
	LUPRON DEPOT 3.75 mg N=39		LUPRON DEPOT 3.75 mg + norethindrone acetate 5 mg N=41		LUPRON DEPOT 3.75 mg + norethindrone acetate 5 mg N=117	
	Baseline Value (mg/dL)	Week 24 % Change	Baseline Value (mg/dL)	Week 24 % Change	Baseline Value (mg/dL)	Week 24 % Change
Total Cholesterol	170.5	9.2%	179.3	0.2%	181.2	2.8%
HDL Cholesterol	52.4	7.4%	51.8	-18.8%	51.0	-14.6%
LDL Cholesterol	96.6	10.9%	101.5	14.1%	109.1	13.1%
LDL/HDL Ratio ¹	2.0	5.0%	2.1	43.4%	2.3	39.4%
Triglycerides	107.8	17.5%	130.2	9.5%	105.4	13.8%

1. Values expressed as ratio

Changes from baseline tended to be greater at Week 52. After treatment, mean serum lipid levels from patients with follow up data returned to pretreatment values.

Table 4. Percentage of Patients with Serum Lipid Values Outside of the Normal Range in the Add-Back Studies

	Controlled Study (Study M92-878)				Open Label Study (Study M97-777)	
	LUPRON DEPOT 3.75 mg N=39		LUPRON DEPOT 3.75 mg + norethindrone acetate 5 mg N=41		LUPRON DEPOT 3.75 mg + norethindrone acetate 5 mg N=117	
	Week 0	Week 24 ¹	Week 0	Week 24 ¹	Week 0	Week 24 ¹
Total Cholesterol (>240 mg/dL)	15%	23%	15%	20%	6%	7%
HDL Cholesterol (<40 mg/dL)	15%	10%	15%	44%	15%	41%
LDL Cholesterol (>160 mg/dL)	0%	8%	5%	7%	9%	11%
LDL/HDL Ratio (>4.0)	0%	3%	2%	15%	7%	21%
Triglycerides (>200 mg/dL)	13%	13%	12%	10%	5%	9%

1. Includes all patients regardless of baseline values.

Low HDL-cholesterol (<40 mg/dL) and elevated LDL-cholesterol (>160 mg/dL) are recognized risk factors for cardiovascular disease. The long-term significance of the observed treatment-related changes in serum lipids in women with endometriosis is unknown. Therefore, assessment of cardiovascular risk factors should be considered prior to initiation of concurrent treatment with LUPRON DEPOT and norethindrone acetate.

Uterine Fibroids

In patients receiving LUPRON DEPOT 3.75 mg (1-Month SR), mean changes in cholesterol (+11 mg/dL to +29 mg/dL), LDL cholesterol (+8 mg/dL to +22 mg/dL), HDL cholesterol (0 to +6 mg/dL), and the LDL/HDL ratio (-0.1 to +0.5) were observed across studies. In the one study in which triglycerides were determined, the mean increase from baseline was 32 mg/dL.

Other Changes

Endometriosis

In comparative studies, the following changes were seen in approximately 5 to 8% of patients. LUPRON DEPOT was associated with elevations of lactate dehydrogenase (LDH) and phosphorus, and decreases in white blood cell (WBC) counts, and danazol therapy was associated with increases in hematocrit, platelet count, and LDH.

Uterine Fibroids

Slight to moderate mean increases were noted for glucose, uric acid, BUN, creatinine, total protein, albumin, bilirubin, alkaline phosphatase, LDH, calcium, and phosphorus. None of these increases were clinically significant.

7.1 Special Populations

7.1.1 Pregnant Women

Safe use of the drug in pregnancy has not been established; therefore, a nonhormonal method of contraception should be used during treatment. Patients should be advised that if they miss or postpone a dose of LUPRON DEPOT, ovulation may occur with the potential for conception. If a patient becomes pregnant during treatment, she should discontinue treatment and consult her physician.

Since menstruation should stop with effective doses of LUPRON DEPOT, the patient should notify her physician if regular menstruation persists. Patients missing successive doses of LUPRON DEPOT may experience breakthrough bleeding.

Before initiating treatment with LUPRON DEPOT, pregnancy must be ruled out.

7.1.2 Breast-feeding

It is not known whether leuprolide is excreted in human milk; therefore, LUPRON DEPOT is contraindicated in patients who are breast-feeding.

7.1.3 Pediatrics

Pediatrics (< 18 years of age): Safety and effectiveness of LUPRON DEPOT 22.5 mg (3-Month SR), 11.25 mg (3-Month SR) and 30 mg (4 Month SR) have not been established in pediatric patients. See [7 WARNINGS AND PRECAUTIONS](#) for the safety and effectiveness of LUPRON DEPOT in children with central precocious puberty.

Experience with LUPRON DEPOT 3.75 mg (1-Month SR) for treatment of endometriosis or uterine fibroids has been limited to women 18 years of age and older.

7.1.4 Geriatrics

Geriatrics (> 65 years of age): In prostatic cancer clinical trials for LUPRON DEPOT, the majority of subjects studied were at least 65 years of age. The labelling therefore reflects the pharmacokinetics, efficacy and safety of LUPRON DEPOT in this population.

LUPRON DEPOT 3.75 mg (1-Month SR) and 11.25 mg (3-Month SR) have not been studied in women over 65 years of age and are not indicated in this population.

8 ADVERSE REACTIONS

8.1 Adverse Reaction Overview

8.1.1 Central Precocious Puberty

Potential exacerbation of signs and symptoms during the first few weeks of treatment is a concern in patients with rapidly advancing central precocious puberty. See [7 WARNINGS AND PRECAUTIONS](#).

8.1.2 Prostate Cancer

In clinical studies, an initial rise in serum testosterone levels usually occurred in non-orchietomized patients during the first week of treatment.

This occasionally was associated with a worsening of signs and symptoms, usually an increase in bone pain. See [7 WARNINGS AND PRECAUTIONS](#). In some cases, temporary renal impairment was accompanied by mental confusion, joint pain, nausea and vomiting. In each case, leuprolide acetate administration was continued, and the symptom(s) subsided in one to two weeks.

The potential for exacerbation of signs and symptoms during the first few weeks of treatment is a concern in patients with vertebral metastases and/or in patients with severe obstructive uropathy which, if aggravated, may lead to neurological problems such as temporary weakness and/or paresthesia of the lower limbs or worsening of urinary symptoms, such as hematuria and urinary tract obstruction.

Interstitial lung disease has been reported with a variable time to onset in the postmarketing reports of patients treated with leuprolide acetate. Although a direct causal relationship between leuprolide acetate therapy and interstitial lung disease has not been established on the basis of the prostate cancer treatment, discontinuation of leuprolide acetate to allow for a potential resolution of the interstitial lung disease should be considered.

8.1.3 Endometriosis/Uterine Fibroids

Estradiol levels may increase during the first weeks following the initial injection, but then decline to basal levels. This transient increase in estradiol can be associated with a temporary worsening of signs and symptoms. See [7 WARNINGS AND PRECAUTIONS](#).

For patients with endometriosis, refer to the norethindrone acetate 5 mg tablet Product Monograph for information on the adverse reactions related to norethindrone acetate.

Interstitial lung disease has been reported with a variable time to onset in the postmarketing reports of patients treated with leuprolide acetate. Although a direct causal relationship between leuprolide acetate therapy and interstitial lung disease has not been established on the basis of the underlying disease (i.e., endometriosis), discontinuation of leuprolide acetate to allow for a potential resolution of the interstitial lung disease should be considered.

8.2 Clinical Trial Adverse Reactions

Clinical trials are conducted under very specific conditions. The adverse reaction rates observed in the clinical trials; therefore, may not reflect the rates observed in practice and should not be compared to the rates in the clinical trials of another drug. Adverse reaction information from clinical trials may be useful in identifying and approximating rates of adverse drug reactions in real-world use.

Prostate Cancer

LUPRON DEPOT 7.5 mg (1-Month SR), 22.5 mg (3-Month SR), 30 mg (4-Month SR)

The following possibly or probably related systemic adverse reactions were reported by $\geq 5\%$ of the patients using and LUPRON DEPOT 7.5, 22.5 and 30 mg in clinical studies. Reactions not considered drug related are excluded.

Table 5. Incidence (%) of Possibly or Probably Related Systemic Adverse Reactions Reported by $\geq 5\%$ of Patients Treated with LUPRON DEPOT 7.5 mg (1 injection every month), LUPRON DEPOT 22.5 mg (1 injection every 3 months) and LUPRON DEPOT 30 mg (1 injection every 4 months)

	LUPRON DEPOT 7.5 mg (1-Month SR) N=56 (%) Study M85-097	LUPRON DEPOT 22.5 mg (3-Month SR) ² Non- Orchiectomized N=94 (%) Studies M91-583 and M91-653	LUPRON DEPOT 30 mg (4-Month SR) Non- Orchiectomized N=49 (%) Study M93-013	LUPRON DEPOT 30 mg (4-Month SR) Orchiectomized N=24 (%) Study M93-012 ³
Body as a Whole				
Asthenia	3 (5.4)	7 (7.4)	6 (12.2)	1 (4.2)
Flu syndrome			6 (12.2)	0 (0.0)
General pain	4 (7.1)	25 (26.6)	16 (32.7)	1 (4.2)
Headache		6 (6.4)	5 (10.2)	1 (4.2)
Injection site reaction		13 (13.8)	4 (8.2)	9 (37.5)
Cardiovascular System				
Hot flashes/sweats ¹	33 (58.9)	55 (58.5)	23 (46.9)	2 (8.3)
Gastrointestinal System				
Nausea/vomiting	3 (5.4)			
GI disorder		15 (16.0)	5 (10.2)	3 (12.5)
Metabolic and Nutritional Disorders				
Dehydration			4 (8.2)	0 (0.0)
Edema	7 (12.5)		4 (8.2)	5 (20.8)

	LUPRON DEPOT 7.5 mg (1-Month SR) N=56 (%) Study M85-097	LUPRON DEPOT 22.5 mg (3-Month SR) ² Non- Orchiectomized N=94 (%) Studies M91-583 and M91-653	LUPRON DEPOT 30 mg (4-Month SR) Non- Orchiectomized N=49 (%) Study M93-013	LUPRON DEPOT 30 mg (4-Month SR) Orchiectomized N=24 (%) Study M93-012 ³
Musculoskeletal System				
Joint disorder		11 (11.7)	8 (16.3)	1 (4.2)
Myalgia			4 (8.2)	0 (0.0)
Central/Peripheral Nervous System				
Dizziness/Vertigo		6 (6.4)	3 (6.1)	2 (8.3)
Insomnia/Sleep disorders		8 (8.5)		
Neuromuscular disorders		9 (9.6)	3 (6.1)	1 (4.2)
Paresthesia			4 (8.2)	1 (4.2)
Respiratory System				
Dyspnea	3 (5.4)			
Respiratory disorders		6 (6.4)	4 (8.2)	1 (4.2)
Skin and Appendages				
Skin reaction		8 (8.5)	6 (12.2)	0 (0.0)
Urogenital System				
Testicular atrophy ¹	3 (5.4)	19 (20.2)		
Impotence ¹	3 (5.4)	0 (0.0)		
Urinary disorders		14 (14.9)	5 (10.2)	4 (16.7)

1. Physiological effects of decreased testosterone.
2. The adverse reactions reported for LUPRON DEPOT 22.5 mg (3-Month SR) are based on two clinical trials.
3. Study M93-012 was a multicenter, open-label study designed to characterize the pharmacokinetic profile of LUPRON DEPOT 30 mg (4-Month SR) following a single intramuscular injection and to assess the safety of the formulation in prostatic cancer patients.

Endometriosis

LUPRON DEPOT 3.75 mg (1-Month SR)

In two controlled clinical trials treating endometriosis, one comparing LUPRON DEPOT 3.75 mg (1-Month SR) with danazol (800 mg/day) and the other with placebo, the following adverse reactions were reported to have a possible or probable relationship to study drugs as ascribed by the treating physician in 5% or more of the patients receiving the drug (**Table 6**).

Table 6. Adverse Reactions Reported Having a Possible or Probable Relationship to Study Drugs in 5% or More of Patients Receiving LUPRON DEPOT 3.75 mg (1-Month SR) versus Danazol (800 mg/day) and LUPRON DEPOT 3.75 mg (1-Month SR) versus Placebo

	LUPRON DEPOT 3.75 mg (1-Month SR) N=166 (%)	Danazol 800 mg/day N=136 (%)	Placebo N=31 (%)
	Number of Reports (%)		
Cardiovascular System			
Edema	12 (7)	17 (13)	1 (3)
Gastrointestinal System			
Nausea/vomiting	21 (13)	17 (13)	1 (3)
GI disturbances ¹	11 (7)	8 (6)	1 (3)
Endocrine System			
Hot flashes/sweats ¹	139 (84)	77 (57)	9 (29)
Breast changes, tenderness/pain ¹	10 (6)	12 (9)	0 (0)
Decreased libido ¹	19 (11)	6 (4)	0 (0)
Androgen-like effects	22 (13)	44 (32) ²	1 (3)
Virilism	0 (0)	1 (1)	0 (0)
Acne	17 (10)	27 (20)	0 (0)
Seborrhea	2 (1)	5 (4)	0 (0)
Hirsutism	2 (1)	9 (7)	1 (3)
Voice alteration	1 (1)	2 (1)	0 (0)
Musculoskeletal System			
Myalgia ¹	1 (1)	7 (5)	0 (0)
Joint disorder ¹	14 (8)	11 (8)	0 (0)
Central/Peripheral Nervous System			
Depression/emotional lability ¹	36 (22)	27 (20)	1 (3)
Headaches ¹	53 (32)	30 (22)	2 (6)
Dizziness	19 (11)	4 (3)	0 (0)
Insomnia/sleep disorders ¹	2 (1)	4 (3)	0 (0)
General pain	31 (19)	22 (16)	1 (3)
Neuromuscular disorders ¹	11 (7)	17 (13)	0 (0)
Nervousness ¹	8 (5)	11 (8)	0 (0)
Paresthesias	12 (7)	11 (8)	0 (0)
Integumentary System			
Skin reactions	17 (10)	20 (15)	1 (3)
Urogenital System			
Vaginitis ¹	46 (28)	23 (17)	0 (0)

	LUPRON DEPOT 3.75 mg (1-Month SR) N=166 (%)	Danazol 800 mg/day N=136 (%)	Placebo N=31 (%)
	Number of Reports (%)		
Miscellaneous			
Asthenia	5 (3)	9 (7)	0 (0)
Weight gain/loss	22 (13)	36 (26)	0 (0)

1. Physiologic effect of decreased estrogen.
 2. Individual percentages equal 33% due to rounding.
- Reactions considered not drug-related are excluded.

LUPRON DEPOT 11.25 mg (3-Month SR)

In a pharmacokinetic trial involving 20 healthy female subjects receiving LUPRON DEPOT 11.25 mg (3-Month SR), a few adverse events were reported with this formulation that were not reported previously. These included face edema, agitation, laryngitis and ear pain, and are noted in **Table 7**.

Table 7. Adverse Events Reported by 20 Healthy Female Subjects Receiving LUPRON DEPOT 11.25 mg (3-Month SR) in a Pharmacokinetic Trial

	LUPRON DEPOT 11.25 mg (3-Month SR) N=20 (%)
Body as a Whole	
Asthenia	1 (5.0)
Face edema	1 (5.0)
General pain	4 (20.0)
Headache/migraine ¹	16 (80.0)
Cardiovascular System	
Hot flashes/sweats	13 (65.0)
Digestive System	
GI disturbance ¹	2 (10.0)
Liver function test abnormal	1 (5.0)
Nausea/vomiting	2 (10.0)
Metabolic and Nutritional Disorders	
Edema	1 (5.0)
Musculoskeletal System	
Myalgia ¹	2 (10.0)

	LUPRON DEPOT 11.25 mg (3-Month SR) N=20 (%)
Nervous System	
Agitation	1 (5.0)
Depression/emotional lability ¹	1 (5.0)
Dizziness/vertigo	1 (5.0)
Insomnia/sleep disorders ¹	2 (10.0)
Neuromuscular disorders ¹	1 (5.0)
Respiratory System	
Laryngitis	1 (5.0)
Special Senses	
Ear pain	1 (5.0)
Urogenital System	
Dysmenorrhea	1 (5.0)

1. Physiologic effect of the drug.

Table 8 lists the potentially drug-related adverse events observed in at least 5% of patients in any treatment group, during the first six months of treatment in the add-back clinical studies, in which patients were treated with monthly LUPRON DEPOT 3.75 mg (1-Month SR) with or without norethindrone acetate co-treatment.

Table 8. Treatment-Related Adverse Events Occurring in ≥ 5% of Patients

	Controlled Study (Study M92-878)		Open Label (Study M97-777)
	LUPRON DEPOT 3.75 mg N=51 (%)	LUPRON DEPOT 3.75 mg + norethindrone acetate 5 mg N=55 (%)	LUPRON DEPOT 3.75 mg + norethindrone acetate 5 mg N=136 (%)
<i>Any Adverse Event</i>	50 (98)	53 (96)	126 (93)
Body as a Whole			
Asthenia	9 (18)	10 (18)	15 (11)
Headache/migraine	33 (65)	28 (51)	63 (46)
Injection site reaction	1 (2)	5 (9)	4 (3)
Pain	12 (24)	16 (29)	29 (21)
Cardiovascular System			
Hot flashes/sweats	50 (98)	48 (87)	78 (57)
Digestive System			
Altered bowel function	7 (14)	8 (15)	14 (10)
Changes in appetite	2 (4)	0 (0)	8 (6)

	Controlled Study (Study M92-878)		Open Label (Study M97-777)
	LUPRON DEPOT 3.75 mg N=51 (%)	LUPRON DEPOT 3.75 mg + norethindrone acetate 5 mg N=55 (%)	LUPRON DEPOT 3.75 mg + norethindrone acetate 5 mg N=136 (%)
GI disturbance	2 (4)	4 (7)	6 (4)
Nausea/vomiting	13 (25)	16 (29)	17 (13)
Metabolic and Nutritional Disorders			
Edema	0 (0)	5 (9)	9 (7)
Weight changes	6 (12)	7 (13)	6 (4)
Nervous System			
Anxiety	3 (6)	0 (0)	11 (8)
Depression/emotional lability	16 (31)	15 (27)	46 (34)
Dizziness/vertigo	8 (16)	6 (11)	10 (7)
Insomnia/sleep disorder	16 (31)	7 (13)	20 (15)
Libido changes	5 (10)	2 (4)	10 (7)
Memory disorder	3 (6)	1 (2)	6 (4)
Nervousness	4 (8)	2 (4)	15 (11)
Neuromuscular disorder	1 (2)	5 (9)	4 (3)
Skin and Appendages			
Alopecia	0 (0)	5 (9)	4 (3)
Androgen-like effects	2 (4)	3 (5)	24 (18)
Skin/mucous membrane reaction	2 (4)	5 (9)	15 (11)
Urogenital System			
Breast changes/pain/tenderness	3 (6)	7 (13)	11 (8)
Menstrual disorders	1 (2)	0 (0)	7 (5)
Vaginitis	10 (20)	8 (15)	11 (8)

In the controlled clinical trial, 50 of 51 (98%) patients in the LUPRON DEPOT 3.75 mg group and 48 of 55 (87%) patients in the LUPRON DEPOT 3.75 mg + norethindrone acetate 5 mg group reported experiencing hot flashes on one or more occasions during treatment. The median number of days on which hot flashes were reported during treatment was 25 and 5 ($P<0.05$) in the LUPRON DEPOT 3.75 mg and LUPRON DEPOT 3.75 mg + norethindrone acetate 5 mg treatment groups, respectively. The median maximum number of hot flashes in a day during treatment was 5 and 1 ($P<0.05$) in the LUPRON DEPOT 3.75 mg and LUPRON DEPOT 3.75 mg + norethindrone acetate 5 mg treatment groups, respectively.

Uterine Fibroids

Table 9 lists the adverse drug reactions observed in at least 5% of the LUPRON DEPOT treated patients in uterine fibroids clinical trials.

Table 9. Treatment-Related Adverse Events Occurring in \geq 5% of Patients treated with LUPRON DEPOT for Uterine Fibroids Studies M86-034, M86-049, M86-062, and M90-411

System Organ Class (SOC)	N (%)	
	LUPRON DEPOT N = 167	Placebo N = 163
Infections and Infestations		
Vaginal infection	18 (10.8)	2 (1.2)
Psychiatric Disorders		
Depression	13 (7.8)	4 (2.5)
Affect lability	10 (6.0)	4 (2.5)
Nervousness	8 (4.8)	1 (0.6)
Insomnia	8 (4.8)	1 (0.6)
Nervous System Disorders		
Headache	44 (26.3)	31 (19.0)
Vascular Disorders		
Vasodilatation	122 (73.1)	28 (17.2)
Musculoskeletal and Connective Tissue Disorders		
Arthralgia	11 (6.6)	6 (3.7)
General Disorders and Administration site Conditions		
Asthenia	13 (7.8)	9 (5.5)
Oedema peripheral	8 (4.8)	2 (1.2)

8.2.1 Clinical Trial Adverse Reactions – Pediatrics

In two studies of children with central precocious puberty, in 2% or more of the patients receiving the drug, the following adverse reactions were reported to have a possible or probable relationship to drug as prescribed by the treating physician (see **Table 10**). Reactions considered not drug related are excluded.

Table 10. Adverse Reactions Reported Having a Possible or Probable Relationship to Drug in 2% or more of Patients Receiving the Drug

	Number of Patients N = 421(%)
Body as a Whole	
General pain	12 (3)
Headache	11 (3)
Injection site reaction including abscess ¹	37 (9)
Cardiovascular System	
Vasodilatation	9 (2)
Integumentary System	
Acne/seborrhea	8(2)
Rash including erythema multiforme	12 (3)
Nervous System	
Emotional lability	19 (5)
Urogenital System	
Vaginitis/vaginal bleeding/vaginal discharge	13 (3)
1. Most events were mild or moderate in severity.	

8.3 Less Common Clinical Trial Adverse Reactions

Prostate Cancer

The following possibly or probably related systemic adverse reactions were reported by less than 5% of the patients using LUPRON DEPOT 7.5 mg (1-Month SR), 22.5 mg (3-Month SR) and 30 mg (4-Month SR) in clinical studies. Reactions not considered drug-related are excluded.

LUPRON DEPOT 7.5 mg (1-Month SR)

Cardiovascular System:	angina, cardiac arrhythmia
Central/Peripheral Nervous System:	insomnia, paresthesia
Endocrine System:	gynecomastia, libido decrease
Gastrointestinal System:	anorexia, diarrhea
Integumentary System:	dermatitis, local skin reactions, hair growth
Musculoskeletal System:	bone pain, myalgia
Respiratory System:	dyspnea, hemoptysis
Urogenital System:	dysuria, frequency/urgency, hematuria, testicular pain

Miscellaneous: asthenia, diabetes, fever/chills, hard nodule in throat, increased calcium, increased uric acid, serum glutamic oxaloacetic transaminase (SGOT) (> 2 times normal values), weight gain

LUPRON DEPOT 22.5 mg (3-Month SR)

Body as a Whole: enlarged abdomen, fever

Cardiovascular System: arrhythmia, bradycardia, heart failure, hypertension, hypotension, varicose vein

Central/Peripheral Nervous System: anxiety, delusions, depression, hypesthesia, libido decrease¹, nervousness, paresthesia

Digestive System: anorexia, duodenal ulcer, increased appetite, thirst/dry mouth

Hemic and Lymphatic System: anemia, lymphedema

Metabolic and Nutritional Disorders: dehydration, edema

Respiratory System: epistaxis, pharyngitis, pleural effusion, pneumonia

Special Senses: abnormal vision, amblyopia, dry eyes, tinnitus

Urogenital System: gynecomastia, impotence¹, penis disorders, testis disorders

1. Physiologic effects of decreased testosterone.

LUPRON DEPOT 30 mg (4-Month SR)

Body as a Whole: abscess, accidental injury, allergic reaction, cyst, fever, generalized edema, hernia, neck pain, neoplasm

Cardiovascular System: atrial fibrillation, deep thrombophlebitis, hypertension

Digestive System: anorexia, eructation, gastrointestinal hemorrhage, gingivitis, gum hemorrhage, hepatomegaly, increased appetite, intestinal obstruction, periodontal abscess

Hemic and Lymphatic System: lymphadenopathy

Metabolic and Nutritional Disorders: healing abnormal, hypoxia, weight loss

Musculoskeletal System: leg cramps, pathological fracture, ptosis

Nervous System: abnormal thinking, amnesia, confusion, convulsion, dementia, depression, insomnia/sleep disorders, libido decreased¹, neuropathy, paralysis

Respiratory System: asthma, bronchitis, hiccup, lung disorder, sinusitis, voice alteration

Skin and Appendages: herpes zoster, melanosis
Urogenital System: bladder carcinoma, epididymitis, impotence¹, prostate disorder, testicular atrophy¹, urinary incontinence, urinary tract infection

1. Physiologic effects of decreased testosterone.

Endometriosis and Uterine Fibroids

LUPRON DEPOT 3.75 mg (1-Month SR)

The following were reported in less than 5% of patients treated with LUPRON DEPOT in endometriosis and uterine fibroids studies:

Body as a Whole: body odor, flu syndrome and injection site reactions
Cardiovascular System: palpitations, syncope and tachycardia
Gastrointestinal System: appetite changes, dry mouth and thirst
Central/Peripheral Nervous System: anxiety¹, delusions, memory disorder, insomnia/sleep disorders¹, and personality disorder
Endocrine System: androgen-like effects
Hemic and Lymphatic Systems: ecchymosis and lymphadenopathy
Respiratory System: rhinitis
Skin and Appendages: alopecia, hair disorder and nail disorder
Special Senses: conjunctivitis, ophthalmologic disorders¹ and taste perversion
Urogenital System: dysuria¹, lactation and menstrual disorders

1. Physiologic effects of decreased estrogen.

8.3.1 Less Common Clinical Trial Adverse Reactions – Pediatrics

In two studies of children with central precocious puberty, the following adverse reactions were reported by less than 2% of the patients.

Body as a Whole: aggravation of pre-existing tumor and decreased vision, allergic reaction, body odor, fever, flu syndrome, infection, hypertrophy
Cardiovascular System: bradycardia, hypertension, peripheral vascular disorder, syncope
Digestive System: constipation, dyspepsia, dysphagia, gingivitis, increased appetite, nausea/vomiting
Endocrine System: accelerated sexual maturity, feminization, goiter

Hemic and Lymphatic System:	purpura
Metabolic and Nutritional Disorders:	growth retarded, peripheral edema, weight gain
Musculoskeletal System:	arthralgia, joint disorder, myalgia, myopathy
Nervous System:	depression, hyperkinesia, nervousness, somnolence
Respiratory System:	asthma, epistaxis, pharyngitis, rhinitis, sinusitis
Integumentary System:	alopecia, hair disorder, hirsutism, leukoedema, nail disorder, skin hypertrophy, urticaria
Urogenital System:	cervix disorder/neoplasm, dysmenorrhea, gynecomastia/breast disorders, menstrual disorder, urinary incontinence

8.4 Abnormal Laboratory Findings: Hematologic, Clinical Chemistry and Other Quantitative Data

Central Precocious Puberty

The following laboratory events were recorded as adverse reactions: antinuclear antibody present and increased sedimentation rate.

See [9.7 Drug-Laboratory Test Interactions](#) section.

Prostate Cancer

Abnormalities of certain parameters observed in hematologic and clinical chemistry determinations were recorded, but relationship to drug is difficult to assess in this population.

The following were recorded in $\geq 5\%$ of patients in clinical studies with LUPRON DEPOT 7.5 mg (1-Month SR), 22.5 mg (3-Month SR) and 30 mg (4-Month SR):

LUPRON DEPOT 7.5 mg (1-Month SR)

Lactate dehydrogenase (LDH) (> 2 times normal values), alkaline phosphatase (> 1.5 times normal values).

In the Phase 3, open-label, multicenter 24-week study of previously untreated patients with stage D2 prostate cancer (Study M85-097), treated with LUPRON DEPOT 7.5 mg (1-Month SR) injected monthly, 1/56 (2%) patients had an asymptomatic elevation of aspartate aminotransferase (AST) $> 3X$ ULN. This patient did not have a concomitant elevation in bilirubin. Alanine aminotransferase (ALT) was not measured in this study.

LUPRON DEPOT 22.5 mg (3-Month SR)

Increased BUN, hyperglycemia, hyperlipidemia [total cholesterol, low-density lipoprotein (LDL)-cholesterol, triglycerides], hyperphosphatemia, abnormal liver function tests, increased PT,

increased PTT. Additional laboratory abnormalities reported were: decreased platelets, decreased potassium and increased WBC.

LUPRON DEPOT 30 mg (4-Month SR)

Abnormalities of certain parameters were observed, but their relationship to drug treatment are difficult to assess in this population. The following were recorded in $\geq 5\%$ of patients: decreased bicarbonate, decreased hemoglobin/hematocrit/red blood cell (RBC), hyperlipidemia (total cholesterol, LDL-cholesterol, triglycerides), decreased high-density lipoprotein (HDL)-cholesterol, eosinophilia, increased glucose, increased liver function tests [alanine aminotransferase (ALT), aspartate aminotransferase (AST), gamma-glutamyl transpeptidase (GGTP), lactate dehydrogenase (LDH)], and increased phosphorus. Additional laboratory abnormalities were reported: increased BUN and PT, leukopenia, thrombocytopenia, uricaciduria, urine abnormality.

See [9.7 Drug-Laboratory Test Interactions](#) section for more details.

Endometriosis/Uterine Fibroids

See [7 WARNINGS AND PRECAUTIONS](#).

8.5 Post-Market Adverse Reactions

Central Precocious Puberty

Isolated cases of anaphylaxis have been reported. Symptoms consistent with an anaphylactoid or asthmatic process have been rarely reported.

Pituitary Apoplexy

During postmarketing surveillance, rare cases of pituitary apoplexy (a clinical syndrome secondary to infarction of the pituitary gland) have been reported after the administration of gonadotropin-releasing hormone agonists. In a majority of these cases, a pituitary adenoma was diagnosed, with a majority of pituitary apoplexy cases occurring within two weeks of the first dose, and some within the first hour. In these cases, pituitary apoplexy has presented as sudden headache, vomiting, visual changes, ophthalmoplegia, altered mental status, and sometimes cardiovascular collapse. Immediate medical attention has been required.

Psychiatric Events

Psychiatric events have been reported in patients taking GnRH agonists. Postmarketing reports with this class of drugs include symptoms of emotional lability, such as crying, irritability, impatience, anger and aggression. A definitive cause and effect relationship between the treatment with GnRH agonists and the occurrence of these events has not been established. Monitor for development or worsening of psychiatric symptoms during treatment with leuprolide acetate.

During postmarketing surveillance, which includes other dosage forms and other patient populations, the following adverse events were reported:

Cardiovascular System:	hot flush, hypertension, hypotension, flushing
Digestive System:	abdominal pain, nausea, vomiting
Hemic and Lymphatic System:	decreased WBC
Central/Peripheral Nervous System:	convulsion, peripheral neuropathy, pseudotumor cerebri/idiopathic intracranial hypertension, spinal fracture/paralysis
Immune System Disorders:	acute hypersensitivity reactions (such as anaphylaxis, rash, urticaria), Stevens-Johnson Syndrome, Toxic Epidermal Necrolysis, dermatitis bullous, dermatitis exfoliative, erythema multiforme, hyperhidrosis, photosensitivity reactions
Metabolic and Nutritional Disorders:	diabetes mellitus, weight increased
Musculoskeletal System:	tenosynovitis-like symptoms
Respiratory System:	chest pain
Urogenital System:	prostate pain
Miscellaneous:	injection site reactions including pain, inflammation, sterile abscess, induration and hematoma

Prostate Cancer

Isolated cases of anaphylaxis have been reported. Symptoms consistent with an anaphylactoid or asthmatic process have been rarely reported.

There have been reports of suicidal ideation and attempt. Many, but not all, of these patients had a history of depression or other psychiatric illness.

Pituitary Apoplexy

During postmarketing surveillance, rare cases of pituitary apoplexy (a clinical syndrome secondary to infarction of the pituitary gland) have been reported after the administration of gonadotropin-releasing hormone agonists. In a majority of these cases, a pituitary adenoma was diagnosed, with a majority of pituitary apoplexy cases occurring within two weeks of the first dose, and some within the first hour. In these cases, pituitary apoplexy has presented as sudden headache, vomiting, visual changes, ophthalmoplegia, altered mental status, and sometimes cardiovascular collapse. Immediate medical attention has been required.

Changes in Bone Density

Decreased bone density has been reported in the medical literature in men who have had orchiectomy or who have been treated with an LHRH agonist analog. In a clinical trial, 25 men with prostate cancer, 12 of whom had been treated previously with leuprolide acetate for at least six months, underwent bone density studies as a result of pain. The leuprolide acetate-treated group had lower bone density scores than the non-treated control group. From another case report, two additional men, one 64 and

the other 70 years, respectively, receiving goserelin acetate, were observed to have collapsed vertebrae thought to be due to decreased bone mineral density. It can be anticipated that long periods of medical castration in men will have effects on bone density.

During postmarketing surveillance, which includes other dosage forms and other patient populations, the following adverse events were reported:

Cardiovascular System:	cardiac arrest, hypotension, myocardial infarction, and sudden cardiac death
Central/Peripheral Nervous System:	convulsion, peripheral neuropathy, spinal fracture/paralysis
Hemic and Lymphatic System:	decreased WBC
Hepatobiliary Disorders:	non-alcoholic fatty liver disease, serious liver injury (including fatal cases)
Immune System Disorders:	acute hypersensitivity reactions (such as anaphylaxis, rash, urticaria), Stevens-Johnson Syndrome, Toxic Epidermal Necrolysis, dermatitis bullous, dermatitis exfoliative, erythema multiforme, photosensitivity reactions
Musculoskeletal System:	tenosynovitis-like symptoms
Urogenital System:	prostate pain
Miscellaneous:	hematoma, induration, inflammation, injection site reactions including pain, sterile abscess
Respiratory System:	interstitial lung disease, pulmonary fibrosis

Endometriosis/Uterine Fibroids

Isolated cases of anaphylaxis have been reported. Symptoms consistent with an anaphylactoid or asthmatic process have been rarely reported.

Cases of serious venous and arterial thromboembolism have been reported, including deep vein thrombosis, pulmonary embolism, myocardial infarction, stroke, and transient ischemic attack. Although a temporal relationship was reported in some cases, most cases were confounded by risk factors or concomitant medication use. It is unknown if there is a causal association between the use of GnRH agonists and these events.

Like other drugs in this class, mood swings, including depression, have been reported as a physiologic effect of decreased sex steroids. There have been very rare reports of suicidal ideation and attempt. Many, but not all, of these patients had a history of depression or other psychiatric illness. Patients should be counselled on the possibility of worsening of depression.

Pituitary Apoplexy

During postmarketing surveillance, rare cases of pituitary apoplexy (a clinical syndrome secondary to infarction of the pituitary gland) have been reported after the administration of gonadotropin-releasing hormone agonists. In a majority of these cases, a pituitary adenoma was diagnosed, with a majority of pituitary apoplexy cases occurring within two weeks of the first dose, and some within the first hour. In these cases, pituitary apoplexy has presented as sudden headache, vomiting, visual changes, ophthalmoplegia, altered mental status, and sometimes cardiovascular collapse. Immediate medical attention has been required.

Symptoms consistent with fibromyalgia (e.g., joint and muscle pain, headaches, sleep disorders, gastrointestinal distress, and shortness of breath) have been reported individually and collectively. The relationship of any of these symptoms to leuprolide acetate has not been established.

The following events have been reported during postmarketing surveillance:

Cardiovascular System:	hypotension
Central/Peripheral Nervous System:	convulsion, peripheral neuropathy, spinal fracture/paralysis
Hemic and Lymphatic Systems:	decreased WBC
Hepatobiliary Disorders:	hepatic dysfunction, serious liver injury
Immune System Disorders:	acute hypersensitivity reactions (such as anaphylaxis, rash, urticaria), Stevens-Johnson Syndrome, Toxic Epidermal Necrolysis, dermatitis bullous, dermatitis exfoliative, erythema multiforme, photosensitivity reactions
Miscellaneous:	hematoma, induration, inflammation, injection site reactions including pain, and sterile abscess
Musculoskeletal System:	tenosynovitis-like symptoms
Respiratory System:	dyspnea, interstitial lung disease, pulmonary fibrosis
Urogenital System:	menstrual disorders

9 DRUG INTERACTIONS

9.1 Serious Drug Interactions

Not applicable

9.2 Drug Interactions Overview

Leuprolide being approximately 46% bound to plasma proteins, and a peptide that is primarily degraded by peptidase and not by cytochrome P-450 enzymes as noted in specific studies, drug interactions would not be expected to occur.

For patients with endometriosis, refer to the norethindrone acetate 5 mg tablet Product Monograph for information on the drug interactions specific to norethindrone acetate.

9.3 Drug-Behavioural Interactions

Not applicable.

9.4 Drug-Drug Interactions

No pharmacokinetic-based drug-drug interaction studies have been conducted.

Since androgen deprivation treatment may prolong the QTc interval, the concomitant use of leuprolide acetate with medicinal products known to prolong the QTc interval or medicinal products able to induce torsades de pointes should be carefully evaluated. Such medicinal products include but are not limited to the examples that follow: Class IA (e.g., quinidine, disopyramide), Class III (e.g., amiodarone, dronedarone, sotalol, dofetilide, ibutilide), or Class IC (e.g., flecainide, propafenone) antiarrhythmic medicinal products, antipsychotics (e.g. chlorpromazine), antidepressants (e.g., amitriptyline, nortriptyline), opioids (e.g. methadone), macrolide antibiotics and analogues (e.g., erythromycin, clarithromycin, azithromycin), quinolone antibiotics (e.g., moxifloxacin), antimalarials (e.g., quinine), azole antifungals, 5 hydroxytryptamine (5-HT₃) receptor antagonists (e.g., ondansetron), and beta-2 adrenoceptor agonists (e.g. salbutamol).

9.5 Drug-Food Interactions

Interactions with food have not been established.

9.6 Drug-Herb Interactions

Interactions with herbal products have not been established.

9.7 Drug-Laboratory Test Interactions

Administration of leuprolide acetate in therapeutic doses results in suppression of the pituitary-gonadal system. Normal function is usually restored within 4 to 12 weeks after treatment is discontinued. Diagnostic tests of pituitary-gonadal function conducted during treatment and within 4 to 8 weeks after discontinuation of LUPRON DEPOT therapy may therefore be misleading.

As expected, leuprolide acetate administration will initially affect selected serum and urine parameters in the first week of treatment: elevation of BUN, creatinine, acid phosphatase, testosterone and dihydrotestosterone can be expected. With chronic administration, these high values will usually return to normal, or drop below baseline in the case of testosterone, dihydrotestosterone and acid phosphatase.

10 CLINICAL PHARMACOLOGY

10.1 Mechanism of Action

Leuprolide acetate is a synthetic nonapeptide analog of naturally-occurring gonadotropin-releasing hormone (GnRH or LHRH). The analog possesses greater potency than the natural hormone. When administered as indicated, leuprolide acetate acts as a potent inhibitor of gonadotropin production. It is chemically unrelated to steroids.

Unlike steroid hormones, leuprolide acetate exerts specific action on the pituitary gonadotrophs and the human reproductive tract.

This specificity reduces the likelihood of secondary adverse effects such as gynecomastia, thromboembolism, edema, liver and gallbladder involvement.

10.2 Pharmacodynamics

Animal and human studies indicate that, following an initial stimulation, chronic administration of leuprolide acetate results in the inhibition of gonadotropin production. Consequently, ovarian or testicular steroidogenesis is suppressed. These effects are reversible on discontinuation of drug therapy. The therapeutic effect of leuprolide acetate in the treatment of hormone-dependent tumors, such as in prostatic cancer, results from the reduction in serum gonadotropins and gonadal steroids.

Chronic administration of leuprolide acetate has resulted in inhibition of tumor growth (prostatic tumors in Noble and Dunning male rats, 7-12-dimethylbenz[α]-anthracene (DMBA)-induced mammary tumors in female rats) as well as atrophy of the reproductive organs. An additional mechanism of action, a direct effect on the gonads by downregulation of the gonadotropin receptors, is suggested in some animal studies.

In humans, subcutaneous administration of single daily doses of leuprolide acetate results in an initial increase in circulating levels of luteinizing hormone (LH) and follicle stimulating hormone (FSH), leading to a transient increase in the levels of the gonadal steroids (testosterone and dihydrotestosterone in males and estrone and estradiol in premenopausal females). However, continuous administration results in decreased levels of LH and FSH in all patients. In males, testosterone is reduced to castrate levels. In premenopausal females, estrogens are reduced to postmenopausal levels. These decreases occur within two to four weeks after initiation of treatment, and are maintained as long as treatment continues. Castrate levels of testosterone in prostatic cancer patients have been demonstrated for periods of up to five years.

10.2.1 Central Precocious Puberty

Two chronic studies involving the treatment of children with central precocious puberty (CPP), demonstrated that following the administration of leuprolide acetate, stimulated and basal gonadotropins are reduced to prepubertal levels. Testosterone and estradiol are reduced to prepubertal levels in males and females, respectively, and a reduction of gonadotropins will allow for normal physical and psychological growth and development. Natural maturation occurs when gonadotropins return to pubertal levels following discontinuation of leuprolide acetate.

The following physiological effects have been noted with the chronic administration of leuprolide acetate in CPP patients.

- **Skeletal Growth:** A measurable increase in body length can be noted since the epiphyseal plates will not close prematurely.
- **Organ Growth:** Reproductive organs will return to a prepubertal state.
- **Menses:** Menses, if present, will cease.

Intramuscular injection of LUPRON DEPOT provides plasma concentrations of leuprolide acetate over a period of one month.

In a study of 22 children with central precocious puberty, doses of LUPRON DEPOT were given every four weeks and plasma levels were determined according to weight categories as summarized in **Table 11**.

Table 11. Determination of Leuprolide Plasma Levels According to Weight Categories in Children with Central Precocious Puberty

Patient Weight Range (kg)	Group Weight Average (kg)	Dose (mg)	Trough Plasma Leuprolide Level Mean \pm SD (ng/mL) ¹
20.2 - 27.0	22.7	7.5	0.77 \pm 0.033
28.4 - 36.8	32.5	11.25	1.25 \pm 1.06
39.3 - 57.5	44.2	15.0	1.59 \pm 0.65

1. Group average values determined at Week 4 immediately prior to leuprolide injection.

Drug levels at 12 and 24 weeks were similar to respective 4 week levels.

10.2.2 Endometriosis

Endometriosis is a gynecologic disorder wherein endometrial tissue is found to be established in sites outside the endometrial cavity. As definitive diagnosis can only be made during surgery, the true incidence of the disease is unknown.

The etiology of the disease is unclear. An accepted theory of the etiology of endometriosis is the retrograde flow of menstrual fluid with subsequent implantation of viable fragments of endometrium within the pelvic cavity (Sampson's theory). However, this theory does not explain the extra-pelvic sites of endometriosis such as the limbs, thoracic cavity and elsewhere. It has also been suggested that chronic irritation of the peritoneum by menstrual blood may be causative. Another theory is that endometrial tissues are displaced into an implant in new sites during surgery. Genetic and immunologic factors may account for spontaneous endometriosis in a small segment of the population. It is also believed that endometriosis may be caused by lymphatic and hematogenous spread of normal endometrium to distant sites.

Endometriosis may be treated both surgically and medically. Since endometriosis resolves after oophorectomy and menopause, surgical castration may be used to treat the disease. A menopausal state may also be achieved medically. The resultant hypoestrogenic environment results in atrophic changes in both the uterine and ectopic endometrial tissue.

LUPRON DEPOT achieves a menopausal state by suppression of the pituitary-ovarian axis by inhibiting the output of gonadotropins (FSH and LH) from the pituitary gland.

In female volunteers receiving a single dose of LUPRON DEPOT 3.75 mg (1-Month SR) intramuscularly, an initial burst of leuprolide in plasma was observed. Mean plasma leuprolide levels of approximately 0.23 to 0.34 ng/mL were maintained over a period of four to five weeks, and then slowly tapered off, becoming undetectable eight weeks after injection.

In a pharmacokinetic/pharmacodynamic study of healthy female subjects (N=20), the onset of estradiol suppression was observed for individual subjects between Day 4 and Week 4 after dosing. By the third week following the injection, the mean estradiol concentration (8 pg/mL) reached the menopausal range. Throughout the remainder of the dosing period, mean serum estradiol levels ranged from the menopausal to the early follicular range.

LUPRON DEPOT 11.25 mg (3-Month SR) induced amenorrhea in 85% (N=17) of subjects during the initial month and 100% during the second month following the injection. All subjects remained amenorrhoeic through the remainder of the 12-week dosing interval. Episodes of light bleeding and spotting were reported by a majority of subjects during the first month after the injection and in a few subjects at later time-points. Menses resumed on average 12 weeks (range 2.9 to 20.4 weeks) following the end of the 12-week dosing interval.

LUPRON DEPOT 11.25 mg (3-Month SR) produced similar pharmacodynamic effects in terms of hormonal and menstrual suppression to those achieved with monthly injections of LUPRON DEPOT 3.75 mg (1-Month SR) during the controlled clinical trials for the management of endometriosis. Similar clinical outcome to that with LUPRON DEPOT 3.75 mg (1-Month SR) administered monthly is predicted with LUPRON DEPOT 11.25 mg (3-Month SR) administered every three months.

10.3 Pharmacokinetics

Intramuscular injections of LUPRON DEPOT 3.75 mg (1-Month SR) and 7.5 mg (1-Month SR), 11.25 mg (3-Month SR), 22.5 mg (3-Month SR), and 30 mg (4-Month SR) provide plasma concentrations of leuprolide acetate over a period of one, three, and four months.

Leuprolide is not active when given orally.

Absorption

A single dose of LUPRON DEPOT 3.75 mg (1-Month SR) was administered by intramuscular injection to healthy adult female volunteers. The absorption of leuprolide was characterized by an initial increase in plasma concentration, with peak concentration ranging from

4.6 to 10.2 ng/mL at four hours post-dosing. However, intact leuprolide and an inactive metabolite could not be distinguished by the assay used in the study. Following the initial rise, leuprolide concentrations started to plateau within two days after dosing and remained relatively stable for about four to five weeks with plasma concentrations of about 0.30 ng/mL.

Following a single LUPRON DEPOT 7.5 mg (1-Month SR) intramuscular injection to adult patients, the mean peak leuprolide plasma concentration was almost 20 ng/mL at four hours and then declined to 0.36 ng/mL at four weeks. However, intact leuprolide and an inactive major metabolite could not be distinguished by the assay used in the study. Undetectable leuprolide plasma concentrations have been observed during chronic LUPRON DEPOT 7.5 mg (1-Month SR) administration, but testosterone levels appear to be maintained at castrated levels.

The pharmacokinetic profile of LUPRON DEPOT 22.5 mg (3-Month SR) was characterized in 23 orchiectomized prostate cancer patients. Following a single injection of the three-month formulation of LUPRON DEPOT 22.5 mg (3-Month SR), a mean peak plasma leuprolide concentration of 48.9 ng/mL was observed at four hours and then declined to 0.67 ng/mL at 12 weeks. Leuprolide appeared to be released at a constant rate following the onset of steady state level during the third week after dosing, providing steady plasma concentrations through the 12-week dosing interval. Detectable levels of leuprolide were present at all measurement points in all patients during this 12-week period. The initial burst, followed by the rapid decline to a steady-state level, was similar to the release pattern seen with the monthly formulation.

Following a single injection of the three-month formulation of LUPRON DEPOT 11.25 mg (3-Month SR) in healthy females, a mean peak plasma leuprolide concentration of 36.3 ng/mL was observed at four hours. Leuprolide appeared to be released at a constant rate following the onset of steady-state levels during the third week after dosing and mean levels then declined gradually to near the lower limit of detection by 12 weeks. The mean (\pm standard deviation) leuprolide acetate concentration from 3 to 12 weeks was 0.23 ± 0.09 ng/mL. However, intact leuprolide and an inactive major metabolite could not be distinguished by the assay which was employed in the study. The initial burst, followed by the rapid decline to a steady-state level, was similar to the release pattern seen with the monthly formulation.

Following a single injection of LUPRON DEPOT 30 mg (4-Month SR) in 16 orchiectomized prostate cancer patients, a mean plasma leuprolide concentration of 59.3 ng/mL was observed at four hours and the mean concentration then declined to 0.30 ng/mL at 16 weeks. The mean plasma concentration of leuprolide from Weeks 3.5 to 16 was 0.44 ± 0.20 ng/mL (range: 0.20 to 1.06). Leuprolide appeared to be released at a constant rate following the onset of steady-state levels during the fourth week after dosing, providing steady plasma concentrations throughout the 16-week dosing interval. However, intact leuprolide and an inactive major metabolite could not be distinguished by the assay which was employed in the study. The initial burst, followed by the rapid decline to a steady-state level, was similar to the release pattern seen with the other depot formulations.

In adults, bioavailability by subcutaneous administration is comparable to that by intravenous administration. Leuprolide acetate has a plasma half-life of 2.9 hours.

Distribution

The mean steady-state volume of distribution of leuprolide following intravenous bolus administration to healthy male volunteers was 27 L. In vitro binding to human plasma proteins ranged from 43 to 49%.

Metabolism

In healthy male volunteers, a 1 mg bolus of leuprolide acetate administered intravenously revealed that the mean systemic clearance was 7.6 L/h, with a terminal elimination half-life of approximately three hours based on a two-compartment model.

In rats and dogs, administration of ¹⁴C-labelled leuprolide was shown to be metabolized to smaller inactive peptides, pentapeptide (Metabolite I), tripeptides (Metabolites II and III) and dipeptide (Metabolite IV). These fragments may be further catabolized.

The major metabolite (M-I) plasma concentrations measured in five prostate cancer patients reached mean maximum concentration two to six hours after dosing and were approximately 6% of the peak parent drug concentration. One week after dosing, mean plasma M-I concentrations were approximately 20% of leuprolide concentrations.

Elimination

Following administration of LUPRON DEPOT 3.75 mg (1-Month SR) to three patients, less than 5% of the dose was recovered as parent and M-I metabolite in the urine.

Special Populations and Conditions

- **Pediatrics**
A pharmacokinetic study of leuprolide acetate in children has not been performed.
- **Geriatrics**
See [7.1.4 Geriatrics](#) section.
- **Sex**
No gender related pharmacokinetic differences have been observed in adult patients studied.
- **Genetic Polymorphism**
No data available on genetic polymorphism.
- **Ethnic Origin**
Pharmacokinetic differences due to race have not been identified.
- **Hepatic Insufficiency**
The pharmacokinetics of the drug in patients with hepatic impairment have not been determined.
- **Renal Insufficiency**
The pharmacokinetics of the drug in patients with renal impairment have not been determined.

11 STORAGE, STABILITY AND DISPOSAL

Store LUPRON DEPOT 3.75 mg (1-Month SR), 7.5 mg (1-Month SR), 11.25 mg (3-Month SR), 22.5 mg (3-Month SR), and 30 mg (4-Month SR) between 15 and 25°C. Protect from freezing.

Although the suspension has been shown to be stable for 24 hours following reconstitution, since the product does not contain a preservative, the suspension should be discarded if not used immediately.

Keep out of reach and sight of children.

12 SPECIAL HANDLING INSTRUCTIONS

It is very important to activate the LuproLoc safety device immediately after injection. This is done by pushing the arrow forward with the thumb or finger until the device is fully extended and a CLICK is heard or felt. See [4.3.2 Reconstitution](#).

PART II: SCIENTIFIC INFORMATION

13 PHARMACEUTICAL INFORMATION

Drug Substance

Proper name: leuprolide acetate

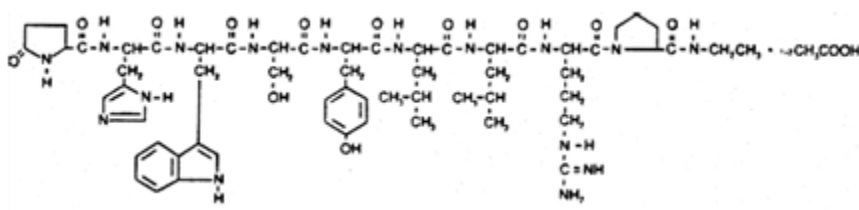
Chemical name: 5-oxo-L-prolyl-L-histidyl-L-tryptophyl-L-seryl-L-tyrosyl-D Leucyl-L-leucyl-L-arginyl-N-ethyl-L-prolinamide acetate.

or: des-Glycine¹⁰, [D-Leucine⁶] LH-RH ethylamide acetate

or:[D-Leu⁶, des-Gly-NH₂¹⁰, Proethylamide⁹] GnRH

Molecular formula and molecular mass: C₅₉H₈₄N₁₆O₁₂ · C₂H₄O₂ 1209.41 as free base

Structural formula:



Physicochemical properties: Leuprolide acetate is a fine or fluffy, white to off-white powder, very soluble in water, ethanol and propylene glycol; pKa = 9.6.

14 CLINICAL TRIALS

14.1 Clinical Trials by Indication

Central Precocious Puberty

Table 12. Summary of Patient Demographics for Clinical Trials in Patients with Central Precocious Puberty

Study #	Trial design	Dosage, route of administration and duration	Study subjects (n)	Mean age (Range)	Gender
M90-516	Phase 3, open, multicenter study	LUPRON DEPOT 7.5, 11.25 or 15 mg based on body weight Intramuscular Drug is discontinued when an age appropriate for puberty is attained	22	6.9 years (1.1 - 8.9 years)	2 M, 20 F

Definitions: M = male; F = female

In an open, multicenter study, LUPRON DEPOT was shown to be safe and effective in the therapeutic management of children with central precocious puberty (CPP). Successful suppression of gonadotropins and sex steroids to prepubertal levels was achieved in 95% of the children by Week 4. In addition, the majority of these children demonstrated decreases or stabilization in Tanner staging of

breast, pubic hair, and genitalia compared with baseline. Menses ceased in all females by the end of the second therapeutic month, and growth rates were reduced.

Table 13. Results of Study M90-516 in Patients with Central Precocious Puberty

Primary Endpoints	Associated value and statistical significance for LUPRON DEPOT
The criteria for effectiveness include: 1) Height, weight, growth rate 2) Bone age and predicted height 3) Tanner Staging (Breast, Pubic Hair, Genitalia) 4) Menses 5) Hormone Determinations (Gonadotropins, Sex Steroids)	Successful suppression of gonadotropins and sex steroids to prepubertal levels was achieved in 95% of the children by week 4.

In an open, non-comparative, multi-centre study involving leuprolide acetate injection and LUPRON DEPOT, once adequate suppression of the pituitary-gonadal axis was achieved, the children demonstrated both physical and psychological regression of sexual maturation, slowing of linear growth velocity, and a decrease in the ratio of bone age to chronological age.

Although no clinical studies have been completed in children to assess the full reversibility of fertility suppression, animal studies (prepubertal and adult rats and monkeys) with leuprolide acetate and other gonadotropin-releasing hormone (GnRH) analogs have shown functional recovery. However, following a study with leuprolide acetate, immature male rats demonstrated tubular degeneration in the testes even after a recovery period. In spite of the failure to recover histologically, the treated males proved to be as fertile as the controls. Also, no histologic changes were observed in the female rats following the same protocol. In both sexes, the offspring of the treated animals appeared normal. The effect of the treatment of the parents on the reproductive performance of the F1 generation was not tested. The clinical significance of these findings is unknown.

Prostatic Cancer

LUPRON

Table 14. Summary of Patient Demographics for Clinical Trials in Prostatic Cancer

Study #	Trial Design	Dosage, Route of Administration and Duration	Study Subjects (n)	Mean Age (Range)
M80-036 ¹	Phase 2, open-label, multicenter study	LUPRON 1 mg or 10 mg once daily Subcutaneous 18 to 80 weeks	118 (111 had stage D ₂ disease)	~66 years (42-93 years)

Study #	Trial Design	Dosage, Route of Administration and Duration	Study Subjects (n)	Mean Age (Range)
M81-017 ²	Open-label multicenter study	LUPRON or DES (diethylstilbesterol) 1 mg three times daily	202 (93 had stage D ₂ disease)	--

1. Retrospective control for this study was obtained from the National Prostatic Cancer Project (NPCP), Protocol No. 1300 which consisted of two treatment arms: DES (diethylstilbesterol) or orchiectomy.
2. Retrospective comparison of the results of Study M80-036 carried out by the NPCP. Patients received either DES or orchiectomy.

LUPRON DEPOT

Table 15. Summary of Patient Demographics for Clinical Trials with LUPRON DEPOT in Prostatic Cancer

Study #	Trial Design	Dosage, Route of Administration and Duration	Study Subjects (n)	Mean Age (Range)
M85-097	Phase III, open-label, multicenter study	7.5 mg LUPRON DEPOT injected every 4 weeks Intramuscular 24 weeks	53	--
M91-583	Phase III, open-label, multicenter study	22.5 mg LUPRON DEPOT injected every 12 weeks Intramuscular Minimum 24 weeks	61 ¹	71 years (53 to 86 years)
M91-653	Phase III, open-label, multicenter study	22.5 mg LUPRON DEPOT injected every 12 weeks Intramuscular Minimum 24 weeks	33 ¹	69 years (55 to 82 years)
M93-013	Phase III, open-label, multicenter study	30 mg LUPRON DEPOT injected every 16 weeks Intramuscular Minimum 32 weeks	49	70 years (54 to 84 years)

1. Two patients (one from each study) were excluded from the efficacy analysis. Hence a total of 94 patients were studied.

LUPRON

Two controlled multicenter studies were conducted to evaluate the safety, efficacy, and endocrine effects of leuprolide acetate in advanced prostatic cancer patients (Stage D2).

A further objective was to compare the efficacy of leuprolide acetate with that of DES (diethylstilbestrol).

Study M80-036

The first study was an open study with 118 patients randomly assigned to receive either 1 mg or 10 mg doses of leuprolide acetate. Retrospective control for this study was obtained from the National Prostatic Cancer Project (NPCP), Protocol No. 1300 which consisted of two treatment arms: DES or orchiectomy.

Objective Response

For evaluation, patients were divided in three groups by prior treatment as shown below, and the NPCP criterion was used to assess the response.

Evaluable including D₁ N = 100 patients	Evaluable, D₂ only No Progression	Estimated Median Time for First Progression
Group 1 = previously untreated	72%	76 weeks
Group 2 = previously hormone-treated	48%	49 weeks
Group 3 = orchiectomized	23%	43 weeks

A summary of survival for this study is presented in **Table 16** below:

Table 16. Summary of Survival for Study M80-036 (N=47)

Week of Follow-Up	Dead	Alive	Censored ¹
30	1	46	0
60	5	42	0
90	12	34	1
120	22	24	1
150	29	17	1
180	31	15	1
210	32	14	1
240	33	12	2
270	35	9	3
300	36	8	3
330	37	5	5
360	38	4	5
390	38	1	8
After Last Data: (Week 395)	38	0	9

1. "Censored" includes patients who was lost to follow-up.

The median survival is estimated as 121 weeks (± 6 to 10 weeks as standard errors).

Subjective Response

Bone pain: Of the 94 evaluable stage D₂ patients, 26 reported no bone pain throughout the study. Of the remaining 68 patients, only one (1%) reported worsening of bone pain while 55 (81%) reported improvement, and 12 patients (18%) reported no change.

Nine patients reported normal performance status throughout the study. Of the remaining 85 patients, 44 (52%) improved, 34 (40%) reported no change, and only 7 (8%) worsened.

Dose-response Relationship

Orchiectomized patients who received 10 mg/day showed a somewhat higher subjective response rate than those receiving 1 mg/day; however, the difference was not statistically significant. Furthermore, the suppression of testosterone level was similar in the two-dose groups.

Endocrine Evaluation

Plasma levels of FSH and LH increased markedly within four hours of the first dose of leuprolide acetate in all three treatment groups. However, from Day 8 and on, FSH and LH levels had decreased significantly for all three groups.

Testosterone (T) and dihydrotestosterone (DHT) followed a similar pattern. By Day 4, T and DHT had increased markedly in both the previously untreated and hormone-treated groups, but subsequently declined to minimal levels by Week 2 and continued at those levels (identical to the minimal testosterone levels of the orchiectomized patients) for the duration of the treatment.

Safety

The most common side effects reported were hot flashes (41%), and sexual dysfunction (14%) with decrease in libido and impotence. Cardiovascular-related effects were noted in few patients. Three out of four patients had cardiovascular disease at pre-study. None of the cardiovascular events were reported as drug-related. Relationship to therapy is unknown.

This study showed leuprolide acetate to be a safe and effective drug for the treatment of advanced prostatic cancer.

Previously untreated patients achieved a better response than previously treated patients.

Study M81-017

Study M81-017 was an open multicenter study with 202 previously untreated patients with Stage D₂ prostatic adenocarcinoma.

Patients were centrally randomized to receive either leuprolide acetate or diethylstilbestrol (DES); those with definite evidence of progression or intolerable side effects on their initial treatment were crossed-over to the other treatment.

Ninety-two (92) patients randomized to leuprolide acetate, and 94 patients randomized to DES were evaluated.

Objective Response

An overall favourable objective response to treatment (No Progression) occurred in 86% of the evaluable patients on leuprolide acetate and 85% of the evaluable patients on DES.

There was no significant difference between the two treatment groups in time to first progression or time to treatment failure.

Time to first progression was analyzed for evaluable patients who had a best response of "no progression". The following are the estimated quartiles (in weeks):

Group	25th	Median	75th
Leuprolide acetate	75	60	43
DES	--	61	42

Treatment failure was defined as time to first progression or to termination of study because of an adverse reaction. The following are the estimated quartiles (in weeks):

Group	25th	Median	75th
Leuprolide acetate	67	49	36
DES	70	48	25

The summary of survival for leuprolide acetate and DES is presented in **Table 17**.

Table 17. Summary of Survival in Study M81-017

Week of Follow-up	Leuprolide acetate (N=94)			DES (N=99)		
	Dead	Alive	Censored ¹	Dead	Alive	Censored ¹
30	3	90	1	11	87	1
60	14	76	4	25	72	2
90	29	60	5	33	64	2
120	42	46	6	40	56	3
150	50	36	8	53	42	4
180	56	29	9	58	36	5
210	62	22	10	60	34	5
240	68	15	11	65	28	6
270	70	13	11	67	25	7
300	72	11	11	69	23	7
330	73	10	11	70	21	8
360	73	4	17	74	10	15
390	74	0	20	76	0	23

Week of Follow-up	Leuprolide acetate (N=94)			DES (N=99)		
	Dead	Alive	Censored ¹	Dead	Alive	Censored ¹
After Last Death						
Time of Last Death (weeks)		(358)			(364)	

1. "Censored" includes patients who were lost to follow-up prior to the number of weeks shown, or who are alive but have not yet completed that number of weeks.

Subjective Response

Patients from both groups had a significant reduction in bone pain and in use of analgesics. There was no difference in overall subjective response, performance status, urinary symptoms, or mood changes in patients from both groups.

Endocrine Evaluation

By Week 4, testosterone and dihydrotestosterone from both groups reached castrate levels and remained there for the duration of the study.

Safety

During the first treatment period, the percentages of patients who experienced side effects differed significantly between the DES and the leuprolide acetate groups. The incidence is presented in **Table 18**.

Table 18. Incidence (%) of Adverse Reactions During First Treatment Period (199 patients)

	DES (N=101)	Leuprolide acetate (N=98)
Hot flashes	12	55
Peripheral edema	31	15
Nausea/vomiting	19	8
Impotence	14	4
Gynecomastia (Breast pain)	63	8
Bone Pain	2	5
Musculoskeletal spasms	9	1

Since prostatic cancer patients are already at high risk for developing thromboembolic and other cardiovascular diseases because of age and existing malignancy, leuprolide acetate offers an important alternative to treatment with estrogens.

Efficacy

Eighty-six percent (86%) of the patients on leuprolide acetate and 85% of the patients on DES had a favorable response to treatment.

In summary, this study showed that leuprolide acetate is a safe and effective treatment of Stage D₂ prostatic cancer.

LUPRON DEPOT

Study M85-097

A Phase 3, open, multicenter study was carried out to determine whether the LUPRON DEPOT 7.5 mg (1-Month SR) injected intramuscularly once every four weeks would reduce testosterone to, and maintain it at, castrate levels (≤ 50 ng/dL) in 56 previously untreated prostate cancer patients, and to evaluate objective clinical response.

The results are as follows:

Objective response

Best objective response was determined over a period of 24 weeks for 53 evaluable patients. Eighty one percent (81%) of the patients responded favourable (no progression) to treatment at some time. This result was not significantly different from the response rate of 86% observed for patients receiving the daily subcutaneous injection of leuprolide acetate solution reported in the previous study.

Testosterone levels

The median time to onset of castrate levels of testosterone for 53 evaluable patients was 21 days, and mean testosterone levels fell within the castrate range by Week 3 of treatment. After the onset of castrate levels, there were no escapes of testosterone values, provided that patients received their monthly injections on time. The pattern of testosterone release over the first 24 weeks of treatment did not differ from that observed in patients receiving the daily subcutaneous injection of leuprolide acetate solutions when an injection was delayed by 7 to 12 days; testosterone levels remained within the castrate range for the majority of patients.

Studies M91-583 and M91-653

LUPRON DEPOT 22.5 mg (3-Month SR) was found to be effective in suppressing serum testosterone and maintaining it at the castrate level.

Serum testosterone

Following the initial depot injection, the characteristic increase in mean testosterone over the pretreatment level occurred on Day 4, followed by a steady decline to the castrate range by Week 3. The median time to onset of castrate levels was 22 days. Testosterone suppression was sustained throughout each 12-week dosing interval. After falling into the castrate range, mean testosterone remained well within the castrate range throughout the 12-week interval.

As expected elevated pretreatment levels of alkaline phosphatase (AP) and prostatic specific antigen (PSA) reflected the presence of bony metastatic disease and the general prostatic cancer status respectively. Decreases and/or normalization (in AP and PSA) during treatment reflected the continuing presence of, and presumably the treatment related reduction in bony metastatic disease and/or improvement in the general prostatic cancer status.

Objective response

According to the tumour response rating of the patients, an 85% "no progression" rate (based on best objective response) was achieved during the 24-week treatment period. Complete response was achieved in 1% of the patients, 37% patients had a partial response and 47% patients showed a stable condition.

Eighty (85%) patients responded favourably to the treatment.

Of the 83% of the patients who completed the first 24 weeks of treatment, and continued with the long-term phase of the study, only 17% of the patients discontinued from the study prior to receiving the third injection. Four (4%) patients received only the first injection, 12 (13%) patients received only two injections and 78 (83%) patients received the third injection. Only six patients prematurely terminated the treatment at least in part due to an adverse event. Among those, adverse event was not the primary reason to stop the treatment in four patients. Only one patient discontinued the treatment due to intolerable hot flashes which was, according to the investigator, treatment related.

Laboratory values

LUPRON DEPOT (3-Month SR) has not clinically affected the mean systolic or diastolic blood pressure. Nor the effect on the mean pulse rate is indicative of a clinically significant trend. However, mean body weight significantly increased ($p < 0.001$) during the treatment. These results were not unexpected, since patients generally showed clinical improvement with treatment during the study. The effect on clinical laboratory determinations [hemogram, white blood cell (WBC), % basophils, total-, high-density lipoprotein (HDL)-, low-density lipoprotein (LDL)-cholesterol, triglycerides, serum glutamate pyruvate transaminase (SGPT), phosphorus, sodium and glucose) were often attributed, by the investigator, to the underlying disease state, to non-fasting blood collection, or as being consistent with the age and status of the patient population studied. As expected, pretreatment levels of alkaline phosphatase reflected the presence of bony metastatic disease. Changes during treatment reflected the continuing presence of, and presumably the treatment-related reduction, in bony metastatic disease.

Safety

Ninety (96%) patients reported adverse events. The most common adverse event was vasodilatation or hot flashes, occurring in 59% of the patients. Among the 94 evaluable patients, only 25% patients classified the adverse event as severe. The overall incidence of severe events (excluding those judged by the investigator as definitely not treatment-related) was low (8 patients, 9%).

The increase in serum testosterone at the beginning of the treatment which has been seen with both the daily injection and the monthly depot formulation, may theoretically result in a transient exacerbation of disease-related symptoms, especially bone pain. Forty-six (49%) of the patients experienced one or more adverse events during the initial two weeks of treatment. Hot flashes was again the most frequently (13%) reported event during this time. Seven (7%) patients reported severe events during this time.

In summary, the leuprolide acetate depot injection releases leuprolide acetate at an apparently steady state; its efficacy in the treatment of advanced prostatic cancer does not differ from the efficacy of the daily subcutaneous injection.

Study M93-013

In an open-label, non-comparative, multicenter clinical study using LUPRON DEPOT 30 mg (4-Month SR), 49 patients with stage D₂ prostatic adenocarcinoma (with no prior treatment) were enrolled. The study design and patient demographics is shown in **Table 15**. The objectives were to determine whether a 30 mg depot formulation of leuprolide acetate injected once every 16 weeks would reduce and maintain serum testosterone levels at castrate levels (≤ 50 ng/dL), and to assess the safety of the formulation. The study was divided into an initial 32-week treatment phase and a long-term treatment phase. Serum testosterone levels were determined biweekly or weekly during the first 32 weeks of treatment. Once the patient completed the initial 32-week treatment period, treatment continued at the investigator's discretion with serum testosterone levels being done every four months prior to the injection.

In the majority of patients, testosterone levels increased 50% or more above the baseline during the first week of treatment. Mean serum testosterone subsequently suppressed to castrate levels within 30 days of the first injection in 94% of patients and within 43 days in all 49 patients during the initial 32-week treatment period. The median dosing interval between injections was 112 days. One escape from suppression (two consecutive testosterone values > 50 ng/dL after castrate levels achieved) was noted at Week 16. In this patient, serum testosterone transiently increased to above the castrate range following the second depot injection (Week 16) but returned to the castrate level by Week 18. No adverse events were associated with this rise in serum testosterone. A second patient had a rise in testosterone at Week 17, then returned to the castrate level by Week 18 and remained there through Week 32. In the long-term treatment phase, two patients experienced testosterone elevations, both at Week 48. Testosterone for one patient returned to the castrate range at Week 52, and one patient discontinued the study at Week 48 due to disease progression.

Secondary efficacy endpoints evaluated in the study were the objective tumor response as assessed by clinical evaluations of tumor burden (complete response, partial response, objectively stable and progression) and elevations of changes in prostatic involvement and PSA. These evaluations were performed at Weeks 16 and 32 of the treatment phase. The long-term treatment phase monitored PSA at each visit (every 16 weeks). The objective tumor response analysis showed “no progression” (i.e. complete or partial response, or stable disease) in 86% (37/43) of patients at Week 16, and in 77% (37/48) of patients at Week 32. Local disease improved or remained stable in all patients evaluated at week 16 and/or 32. For patients with elevated baseline PSA, 50% (23/46) had a normal PSA (< 4.0 ng/mL) at Week 16, and 51% (19/37) had a normal PSA at Week 32.

Using historical comparisons, the safety and efficacy of LUPRON DEPOT 30 mg (4-Month SR), appear similar to the other depot formulations.

Endometriosis

LUPRON DEPOT 3.75 mg (1-Month SR)

The first two studies conducted were Phase III, randomized, double-blind, multi-centre studies of the effects of LUPRON DEPOT (leuprolide acetate for depot suspension) 3.75 mg (1-Month SR) in endometriosis. Study M86-031 was placebo-controlled, while Study M86-039 used danazol as an active control. The studies were conducted at a total of 23 investigative sites, with 11 investigators participating in both studies. Study M86-031 had a planned sample size of 60 (30 LUPRON DEPOT, 30 placebo), and Study M86-039 had a planned sample size of 250 (125 LUPRON DEPOT, 125 danazol).

A total of 333 patients for the two studies were enrolled at 23 investigative centres.

Sixty-three patients entered the Study M86-031 and 270 patients entered Study M86-039.

The number of patients enrolled into each study and the number of evaluable (for efficacy) is summarized in **Table 19**.

Table 19. Number of Patients Enrolled in Two Phase III, Randomized, Double-Blind, Multicentre Studies Evaluating the Effects of LUPRON DEPOT 3.75 mg (1-Month SR) in Endometriosis (Studies M86-031 and M86-039)

Study	Number of Investigators	Number of Patients Entered			Number of Evaluable Patients		
		LUPRON DEPOT	Placebo	Danazol	LUPRON DEPOT	Placebo	Danazol
M86-031	12	32	31	--	28	24	--
M86-039	22	134	--	136	128	--	125
Total	23 ¹	166	31	136	156	24	125

1. Eleven investigators entered patients in both studies.

A total of 166 patients were exposed to LUPRON DEPOT in Studies M86-031 and M86-039. Of the 166 patients, 153 were treated for the full six-month study period and 13 prematurely terminated from the study and were treated for periods ranging from one to six months. The patients were treated with

LUPRON DEPOT for a total of 79 accumulated patient-years experience in these two studies (assuming each injection is equivalent to four weeks treatment).

A summary of the trial design and patient demographics is shown in **Table 20**.

Table 20. Summary of Patient Demographics for Clinical Trials in Endometriosis

Study #	Trial design	Dosage, route of administration and duration	Study subjects (n)	Mean age (Range)	Gender
M86-031	Phase III, parallel randomized, double-blind, multicenter study	3.75 mg LUPRON DEPOT vs. placebo Intramuscular 24 weeks	63	30 (19 to 44)	Females only
M86-039	Phase III, parallel randomized, double-blind, multicenter study	3.75 mg LUPRON DEPOT plus danazol placebo vs. LUPRON DEPOT placebo plus 200 mg danazol b.i.d. Intramuscular 24 weeks	270	Not available	Females only
M92-878	Phase III, 4-arm, parallel, randomized, double-blind, multicenter study	3.75 mg LUPRON DEPOT alone vs. LUPRON DEPOT plus norethindrone acetate 5 mg 52 weeks	106	28.6 (18 to 43)	Females only
M97-777	Phase IV, open-label, single-arm, multicenter extension of Study III	LUPRON DEPOT plus norethindrone acetate 5 mg 52 weeks	136	28.8 (17 to 41)	Females only

Definitions: b.i.d. = twice daily; n = number.

Two other clinical studies were conducted with LUPRON DEPOT 3.75 mg (1-Month SR) in patients with endometriosis. Study M92-878 was a double-blind, randomized, parallel-group, multi-center study, conducted at 26 investigative sites, with planned sample sizes of 200 (four groups of 50 patients; LUPRON DEPOT alone or in combination with estrogen and/or the progestin norethindrone acetate as add-back regimens). Study M97-777 was an open-label, single-arm, multi-center extension of Study M92-878, conducted at 24 investigative sites, with a planned sample size of 135. Both studies had a 52-week Treatment Period with either 24 months (Study M92-878) or 12 months (Study M97-777) of follow-up after the completion of treatment.

The primary efficacy objective of studies M92-878 and M97-777 was to compare the efficacy of continuous, combined administration of oral norethindrone acetate 5 mg and LUPRON DEPOT to the efficacy of administration of LUPRON DEPOT alone, in the management of endometriosis.

A total of 242 patients were enrolled in studies M92-878 and M97-777 to receive either LUPRON DEPOT alone (51 patients) or in combination with norethindrone acetate 5 mg (191 patients). The number of patients enrolled into each study and the number of evaluable (for efficacy) is summarized in **Table 21**.

Table 21. Number of Patients Enrolled in Studies M92-878 and M97-777

Study	Number of Investigators	Number of Patients Randomized		Number of Patients Completing Treatment	
		LUPRON DEPOT 3.75 mg	LUPRON DEPOT 3.75 mg + norethindrone acetate 5 mg	LUPRON DEPOT 3.75 mg	LUPRON DEPOT 3.75 mg + norethindrone acetate 5 mg
M92-878	26	51	55	32	31
M97-777	24	--	136	--	82
Total	44 ¹	51	191	32	113

1. Six investigators entered patients in both studies.

Of the 51 patients randomized to receive LUPRON DEPOT only, 32 completed the 52-week study period while 19 terminated prematurely. Of the 191 patients who received LUPRON DEPOT with norethindrone acetate, 113 completed the 52-week study period and 78 terminated prematurely.

LUPRON DEPOT 3.75 mg (1-Month SR)

The results of the studies were as follows:

Clinical Evaluation in Studies M86-031 and M86-039

At each study visit, an assessment was made of dysmenorrhea, non-menstrual pelvic pain, and dyspareunia (by patient interview). Symptoms were graded as absent, mild, moderate, or severe. Degree of analgesic use was utilized by the investigators to help assess pelvic pain. Pelvic tenderness, induration, and ovarian enlargement (by pelvic examination) were evaluated at every monthly visit for patients in the placebo-controlled pain study and every 12 weeks for patients in the active-controlled study. Pelvic tenderness and induration were also graded as absent, mild, moderate, or severe; ovarian size was assessed to be normal, two times normal, or greater than or equal to three times normal.

At each visit, a patient was considered improved if her evaluation at that visit had a less severe classification than did her baseline evaluation. A change to a more severe classification was counted as worse. Patients with a baseline classification of absent could not improve and patients with a baseline classification of severe could not get worse. Therefore, the percentages of patients with treatment changes of "worse", "no change", and "improved" do not add to 100%.

Forty-nine patients (28 LUPRON DEPOT, 21 placebo) in the placebo-controlled study and 251 patients (127 LUPRON DEPOT, 124 danazol) in the active-controlled study were evaluable for one or more of the clinical valuation variables.

Dysmenorrhea

LUPRON DEPOT patients showed reductions in dysmenorrhea compared to baseline at every visit in both studies. **Table 22** summarizes changes in clinical evaluation of dysmenorrhea at the Final Visit against baseline for patients included in the efficacy analysis.

Table 22. Summary of Changes in Clinical Evaluation of Dysmenorrhea at the Final Visit Against Baseline for Patients Included in the Efficacy Analysis

	LUPRON DEPOT	Danazol	Placebo
Worse	1/121 = 1%	3/11 = 3%	7/12 = 58%
No change	20/155 = 13%	14/124 = 11%	6/21 = 29%
Improved	134/136 = 99%	107/112 = 96%	8/21 = 30%

Pelvic pain

LUPRON DEPOT patients showed decreases in pelvic pain severity levels at each visit. **Table 23** summarizes the changes in clinical evaluation of pelvic pain at the Final Visit compared to baseline for patients included in the efficacy analysis.

Table 23. Summary Changes in Clinical Evaluation of Pelvic Pain at the Final Visit Compared to Baseline for Patients Included in the Efficacy Analysis

	LUPRON DEPOT	Danazol	Placebo
Worse	13/145 = 9%	5/116 = 4%	2/13 = 15%
No change	56/155 = 36%	56/124 = 45%	10/21 = 48%
Improved	86/118 = 73%	63/86 = 73%	9/21 = 43%

Dyspareunia

LUPRON DEPOT patients in both studies showed slight decreases or no change when compared to baseline at all visits. **Table 24** summarizes the changes in clinical evaluation of dyspareunia at the Final Visit compared to baseline for patients included in the efficacy evaluation.

Table 24. Summary of the Changes in Clinical Evaluation of Dyspareunia at the Final Visit Compared to Baseline for Patients Included in the Efficacy Analysis

	LUPRON DEPOT	Danazol	Placebo
Worse	22/126 = 17%	7/105 = 7%	4/13 = 31%
No change	65/139 = 47%	62/110 = 56%	6/13 = 46%
Improved	42/72 = 58%	41/58 = 71%	3/10 = 30%

Pelvic Tenderness

Decreases in severity levels of pelvic tenderness occurred at every visit for the combined LUPRON DEPOT group. Pelvic tenderness changes from baseline to the Final Visit for both studies are summarized in **Table 25**.

Table 25. Pelvic Tenderness Changes from Baseline to the Final Visit for the Placebo- and Active-Controlled Studies

	LUPRON DEPOT	Danazol	Placebo
Worse	8/150 = 5%	6/120 = 5%	3/20 = 15%
No change	55/152 = 36%	61/122 = 50%	11/21 = 52%
Improved	89/117 = 76%	55/70 = 79%	7/21 = 33%

Induration

At baseline in each study, treatment groups were similar. In the placebo-controlled study, LUPRON DEPOT patients showed similar or better results (less induration) than the placebo group at all visits. At the Final Visit, induration was significantly less for the LUPRON DEPOT group ($p=0.023$). In active-controlled study, LUPRON DEPOT patients showed similar results compared to the danazol group at all visits. No significant differences were seen between groups.

Ovarian Enlargement

For both studies, ovarian enlargement had a relatively low prevalence rate at baseline. Ovarian enlargement for most LUPRON DEPOT patients and danazol patients either improved over time or did not change. Only two placebo patients had ovarian enlargement at baseline.

Menses

Menses were considered suppressed if no menstrual-like bleeding occurred for more than 60 days (day of first injection or first day of one episode of menstrual-like bleeding to the first day of the subsequent episode of menstrual-like bleeding or end-of-study).

In the placebo-controlled study menses were suppressed in all of the LUPRON DEPOT patients (100%) and one of the placebo patients (4%). Once suppressed, menses remained suppressed through the study for all except three LUPRON DEPOT patients.

In the active-controlled study menses were suppressed in 99% of the LUPRON DEPOT patients and 96% of the danazol patients. However, suppression did not occur in one LUPRON DEPOT and five danazol patients. Menses were completely suppressed from the initiation of treatment for 77% of the LUPRON DEPOT and 63% of the danazol patients. The number of episodes of menstrual-like bleeding before suppression are presented in **Table 26**.

Table 26. Number of Episodes of Menstrual-Like Bleeding Before Suppression in the Active-Controlled Study

Number of Episodes	Number of Patients LUPRON DEPOT	Number of Patients Danazol
0	98	79
1	29	26
2	0	10
3	0	4

Once suppressed, menses remained suppressed through the study for all except eight LUPRON DEPOT and 23 danazol patients.

Hormone Determinations

In each study, mean estradiol decreases were significantly greater for LUPRON DEPOT patients compared to each of the control groups ($p < 0.05$). Most estradiol values for LUPRON DEPOT patients were at or near the postmenopausal range (< 1.5 ng/dL). Progesterone decreased significantly within each treatment group in each study at every visit where hormonal determinations were made ($p < 0.05$); however, between group significance was seen only in the placebo-controlled study.

Analgesic Usage

Analgesic usage for each patient was surveyed at each visit to assist the investigator in the evaluation of pain. In the placebo-controlled pain study, 98% of the patients took analgesics for pain; in the active-controlled study, 78% of the patients took analgesics for pain. The most common pain medications used were mild analgesics or non-narcotic analgesics.

Adverse Events

All 333 patients enrolled in the two studies were included in the adverse event analysis.

Adverse events reported by 95% (n=158) of the 166 LUPRON DEPOT patients, by 93% (n=127) of the 136 danazol patients, and by 45% (n=14) of the 31 placebo patients. The most frequently reported adverse event in all treatment groups was vasodilatation (hot flashes) with 83% (n=138) of the LUPRON DEPOT patients, 54% (n=74) of the danazol patients, and 29% (n=9) of the placebo patients reporting it.

Eighty-seven percent of those reporting vasodilatation rated it mild or moderate with 32 LUPRON DEPOT, 9 danazol, and 1 placebo patient reporting it as severe. The mean onset of vasodilatation was 29 days after the initiation of treatment for the LUPRON DEPOT group and 35 days for the danazol group. Generally, vasodilatation continued intermittently throughout the study. The difference between treatment groups in the proportion of patients reporting it was statistically significant ($p < 0.05$) in each study.

Other than vasodilatation, the adverse events having the highest prevalence (>10%) among LUPRON DEPOT patients were headache (35%), vaginitis (27%), insomnia (17%), emotional lability (15%), nausea (13%), nervousness (12%), weight gain (11%), dizziness (11%), decreased libido (11%), and depression (11%). The severity of these events was predominantly mild or moderate.

The most prevalent events in the danazol group were vasodilatation (54%), weight gain (27%), headache (26%), acne (20%), vaginitis (19%), edema (18%), nervousness (16%), nausea (13%), depression (12%), and emotional lability (11%). In the placebo group, the most prevalent event was vasodilatation (29%). The only other adverse events to occur in more than 5% of the placebo patients were headache (10%) and insomnia (7%).

In the placebo-controlled study, the difference in prevalence between the treatment groups was significant for vasodilatation and headache. In the active-controlled study, the LUPRON DEPOT group had significantly higher prevalence of vasodilatation, pelvic pain, insomnia, and decreased libido than did the danazol patients. Danazol patients had significantly more edema and weight gain than did the LUPRON DEPOT patients.

Many of the adverse events occurring in more than 5% of the LUPRON DEPOT group had onset within the first two months of treatment. Forty-nine percent (n=262) of the 530 total initial occurrences of these events had onset within the first month of treatment and 72% within the first two months.

Most of the events occurring in at least 5% of the LUPRON DEPOT group are symptoms that occur frequently in the postmenopausal population and are generally considered to be related to the hypoestrogenic state. Other symptoms such as weight gain, acne, and hypertension occurred with much greater frequency in the active-controlled study where LUPRON DEPOT was compared with danazol which is known to have androgenic effects.

Other symptoms, such as pain, have no apparent explanation. Most of the adverse events reported in the studies were considered by the investigator to be probably or possibly related to treatment.

Eight patients in the LUPRON DEPOT group terminated prematurely from the studies due to adverse events. Overall, 19 patients (8 LUPRON DEPOT, 10 danazol, and 1 placebo) prematurely terminated the studies due to adverse events.

The length of treatment received by these patients who terminated prematurely is summarized in **Table 27**.

Table 27. Treatment Length for Patients Who Prematurely Terminated in the Placebo- and Active-Controlled Studies

Treatment (months)	LUPRON DEPOT	Danazol	Placebo
1	1	5	0
2	3	1	1
3	0	2	0
4	3	0	0
5	0	1	0

Treatment (months)	LUPRON DEPOT	Danazol	Placebo
6	1	1	0
Total	8	10	1

Bone Mineral Density

Bone density measurements were performed pre-study and at the end of the treatment period.

An analysis of percent changes in bone mineral density from baseline to the end of treatment for the combined LUPRON DEPOT patients from both studies shows that one hundred fifteen patients had a mean decrease of 4.2% in bone mineral density. This decrease was significant within the LUPRON DEPOT treatment group ($p < 0.001$) and is consistent with data published on the effect of other GnRH agonists on bone mineral density.

When LUPRON DEPOT was compared to danazol, moderate mean decreases were observed in the LUPRON DEPOT group, and slight to moderate mean increases were observed in the danazol group. Treatment with LUPRON DEPOT produces a hypoestrogenic environment which can result in increased bone turnover, and treatment with danazol can result in androgenic effects such as increased bone mass.

Clinical Evaluation in Studies M92-878 and M97-777

Clinical assessment of pain parameters (dysmenorrhea, pelvic pain, deep dyspareunia, pelvic tenderness, and pelvic induration) was evaluated on the four-point Biberoglu and Berhman scale completed by the study staff. Return to baseline pain levels during follow-up was also assessed using this scale. Improvement in pain was also evaluated via patient evaluations of dysmenorrhea, pelvic pain and deep dyspareunia using analog scales (0 = none; 10 = intolerable). Pain evaluations were collected at each visit during treatment and the first year of follow-up. Improvement in ovarian enlargement was assessed by comparing ovarian size determined at each visit during treatment and the first year of the Follow-Up period to baseline measurements. Estradiol level was assessed at each Treatment period visit beginning with Day 0 (baseline) and once at the first Follow-Up period visit after resumption of menses. Menses frequency and duration were collected on patient diaries. Suppression of estradiol (E2) and menses are used as efficacy markers.

Pain Parameters

Statistically significant mean decreases from baseline in all pain scores were seen in patients taking either LUPRON DEPOT alone or in combination with norethindrone acetate 5 mg ($p < 0.001$). The improvements were generally statistically significant by Week 4 and were maintained throughout the 52-week Treatment Period. **Table 28** summarizes the prevalence in clinical pain variables at the Final Visits against baseline for patients included in the efficacy analysis.

Table 28. Prevalence of Clinical Pain Variables at Baseline and the Final Treatment Visit (Integrated Results from Study M92-878 and Study M97-777)

Variable	Treatment Group	Baseline n/N (%)	Final Treatment Visit n/N (%)
Dysmenorrhea	LUPRON DEPOT	51/51 (100)	2/50 (4)
	LUPRON DEPOT + norethindrone acetate	190/191 (99)	14/188 (7)
Pelvic Pain	LUPRON DEPOT	51/51 (100)	33/50 (66)
	LUPRON DEPOT + norethindrone acetate	188/191 (98)	115/188 (61)
Deep Dyspareunia	LUPRON DEPOT	35/42 (83)	17/46 (37)
	LUPRON DEPOT + norethindrone acetate	129/145 (89)	78/153 (51)
Pelvic Tenderness	LUPRON DEPOT	48/51 (94)	17/50 (34)
	LUPRON DEPOT + norethindrone acetate	184/190 (97)	70/187 (37)
Pelvic Induration	LUPRON DEPOT	26/51 (51)	6/50 (12)
	LUPRON DEPOT + norethindrone acetate	127/190 (67)	37/187 (20)

Serum Estradiol Levels

Statistically significant within-group mean decreases from baseline were noted for both groups at all visits starting at Week 4 ($p < 0.001$) and were generally constant throughout the Treatment Period. For the majority of visits, the mean decrease for the LUPRON DEPOT plus norethindrone acetate group was statistically significantly greater than that of the LUPRON DEPOT-Only group ($p < 0.01$). The mean of serum estradiol levels averaged over the Treatment Period was within or near the menopausal range (< 15 pg/mL) for both treatment groups: 8.40 pg/mL for Integrated LUPRON DEPOT plus norethindrone acetate and 15.59 pg/mL for LUPRON DEPOT-Only.

Menstrual Suppression

Menses were considered suppressed if no menstrual-like bleeding occurred for more than 60 days (day of first injection or first day of one episode of menstrual-like bleeding to the first day of the subsequent episode of menstrual-like bleeding or end-of-study). A summary of menstrual data for patients who were in the Treatment Period for at least 60 days is presented in **Table 29**.

Table 29. Menses Suppression During the Treatment Period

Parameter	LUPRON DEPOT	LUPRON DEPOT + norethindrone acetate 5 mg
Suppression n/N (%)	47/47 (100)	174/177 (98) ¹
Suppression Maintained to End of Treatment n/N (%)	41/47 (87)	132/174 (76) ¹

1. Values are integrated from Studies M92-878 and M97-777.

Efficacy

The placebo- and active-controlled studies have proven that LUPRON DEPOT is safe and effective in reducing not only the symptoms of endometriosis but also the extent of disease. It is at least as effective in this regard as is danazol and shows less of the androgenic adverse events which commonly accompany danazol treatments.

Based on results from studies M92-878 and M97-777, norethindrone acetate 5 mg daily is an effective add-back regimen combined with LUPRON DEPOT and does not have any relevant negative impact on endometriosis symptoms when compared with LUPRON DEPOT alone. Duration of initial treatment or retreatment should be limited to a period of six months.

Conclusion

LUPRON DEPOT, alone or in combination with norethindrone acetate 5 mg add-back, was effective in producing a transient, therapeutic menopausal state in patients with endometriosis facilitating statistically and medically significant improvement in disease signs and symptoms, and reduction in the extent of disease.

Adverse Events

Almost 100% of patients (190 of 191) in the Integrated LUPRON DEPOT plus norethindrone acetate group reported one or more adverse events during the Treatment Period. The most prevalent adverse events were vasodilatation (hot flashes) and headache, which were reported by 68% and 60% of patients, respectively.

When the Integrated LUPRON DEPOT plus norethindrone acetate group was compared with the LUPRON DEPOT-Only group from Study M92-878, statistically significant differences ($p < 0.05$) were noted between the groups in the prevalence of hot flashes and sweating. The prevalence of hot flashes was greater for the LUPRON DEPOT-Only group, while the prevalence of sweating was greater for the LUPRON DEPOT plus norethindrone acetate group. Potentially study drug-related adverse events for which there was a difference between the Integrated LUPRON DEPOT plus norethindrone acetate and LUPRON DEPOT-Only groups of 10% or more are summarized in **Table 30**.

Table 30. Adverse Events Attributed to Study Drug with $\geq 10\%$ Difference Between Groups in Prevalence During the Treatment Period

COSTART Term	Study M92-878 LUPRON DEPOT N=51		Integrated Studies M92-878 and M97-777 LUPRON DEPOT + norethindrone acetate 5 mg N=191	
	N	%	N	%
Hot Flashes/ Sweats	50	98	136	71 ¹
Headache/Migraine	34	67	98	51
Nausea/Vomiting	15	29	37	19
Edema	0	0	21	11 ²
Insomnia/Sleep Disorders	16	31	38	20
Androgen-Like Effects	2	4	29	15 ²
Vaginitis	12	24	24	13

1. Statistically significantly less than the LUPRON DEPOT-Only group ($p < 0.05$).

2. Statistically significantly greater than the LUPRON DEPOT-Only group ($p < 0.05$).

There is minimal overall risk to treatment with the combination of LUPRON DEPOT and norethindrone acetate. The adverse event pattern characteristically seen in patients treated with LUPRON DEPOT or other GnRH agonists and norethindrone acetate largely reflects the menopausal symptom profile seen with GnRH agonist treatment. Although much reduced in incidence compared to the administration of LUPRON DEPOT alone, hot flashes remain the most prevalent of these events.

Bone Mineral Density

The mean changes from baseline in BMD during the Treatment Period experienced by the Integrated LUPRON DEPOT plus norethindrone acetate group were compared to those of the Study M92-878 LUPRON DEPOT-Only group. There was no statistically significant difference in mean BMD between the two groups at baseline. Statistically significant ($p < 0.001$) mean decreases in BMD from baseline were noted for the Integrated LUPRON DEPOT plus norethindrone acetate group at Week 52, and at all evaluations for the LUPRON DEPOT-Only group.

Comparisons of the mean percent changes from baseline between the two groups showed that the LUPRON DEPOT plus norethindrone acetate group experienced a statistically significantly ($p < 0.001$) smaller decrease in BMD than the LUPRON DEPOT-Only group at all evaluations. The results of the analyses of percent change in BMD from baseline to the Week 24 and Week 52 visits for the comparison of the Integrated LUPRON DEPOT plus norethindrone acetate (with calcium supplementation) and Study M92-878 LUPRON DEPOT-Only treatment groups are presented in **Table 31**.

Table 31. Mean Percent Change from Baseline in Lumbar Spine Bone Mineral Density

Treatment Group	N	Week 24	N	Week 52
LUPRON DEPOT	41	-3.2% ¹	29	-6.3% ¹
LUPRON DEPOT + norethindrone acetate 5 mg daily	157	-0.2% ²	116	-1.0% ^{1,2}

1. Statistically significant within-group change ($p < 0.001$).
2. Statistically significant difference between groups ($p < 0.001$), combined and in each study separately.

Overall, changes in safety parameters as a result of LUPRON DEPOT administration did not exceed expected limits. Adverse events experienced by patients in the four studies were primarily those symptoms characteristically experienced in the postmenopausal population and reflect the hormonal suppression which forms the basis of the therapeutic effect. In Studies M92-878 and M97-777, bone mineral density was minimally decreased from baseline after 12 months of treatment with LUPRON DEPOT when used in conjunction with norethindrone acetate and calcium supplementation. This decrease was considerably less than that seen with LUPRON DEPOT alone. The concurrent use of LUPRON DEPOT with norethindrone acetate 5 mg daily is effective in reducing loss of bone mineral density that occurs with LUPRON DEPOT alone.

Hot Flashes

The incidence of the menopausal symptoms of vasodilatation (hot flashes) and sweating was significantly less than that seen in patients who received treatment with leuprolide acetate alone.

Conclusion

The primary consequence of treatment with LUPRON DEPOT is the predictable, yet substantially reversible, bone turnover consequent to hypoestrogenism. After six months of treatment, the risks attending this decrease in bone mineral density are minimal in women who began treatment with normal bone density. Concomitant administration of norethindrone acetate 5 mg in combination with LUPRON DEPOT resulted in a decreased prevalence and severity of adverse events attributable to the chronic hypoestrogenic state induced by LUPRON DEPOT and greatly attenuated the loss of bone mineral density and the incidence of hot flashes.

LUPRON DEPOT 11.25 mg (3-Month SR)

In a pharmacokinetic/pharmacodynamic study of healthy female subjects (N=20), the onset of estradiol suppression was observed for individual subjects between Day 4 and Week 4 after dosing. By the third week following the injection, the mean estradiol concentration (8 pg/mL) reached the menopausal range. Throughout the remainder of the dosing period, mean serum estradiol levels ranged from the menopausal to the early follicular range.

Serum estradiol was suppressed to ≤ 20 pg/mL in all subjects within four weeks and remained suppressed (≤ 40 pg/mL) in 80% of subjects until the end of the 12-week dosing interval, at which time two of these subjects had a value between 40 and 50 pg/mL. Four additional subjects had at least two

consecutive elevations of estradiol (range 43 to 240 pg/mL) levels during the 12-week dosing interval, but there was no indication of luteal function for any of the subjects during this period.

LUPRON DEPOT 11.25 mg (3-Month SR) induced amenorrhea in 85% (N=17) of subjects during the initial month and 100% during the second month following the injection. All subjects remained amenorrheic through the remainder of the 12-week dosing interval. Episodes of light bleeding and spotting were reported by a majority of subjects during the first month after the injection and in a few subjects at a later time-points. Menses resumed on average 12 weeks (range 2.9 to 20.4 weeks) following the end of the 12-week dosing interval.

LUPRON DEPOT 11.25 mg (3-Month SR) produced similar pharmacodynamic effects in terms of hormonal and menstrual suppression to those achieved with monthly injections of LUPRON DEPOT 3.75 mg (1-Month SR) during the controlled clinical trials for the management of endometriosis. Similar clinical outcome to that with LUPRON DEPOT 3.75 mg (1-Month SR) administered monthly is predicted with LUPRON DEPOT 11.25 mg (3-Month SR) administered every three months.

Uterine Fibroids

The safety and efficacy of leuprolide acetate were assessed in 309 adult women with uterine fibroids in one pivotal trial (Study M90-411) and additional 128 patients enrolled in three supportive trials (Studies M86-034, M86-049, and M86-062).

Study M90-411 was a Phase 3, stratified, randomized, double-blind, parallel-group, multicenter study, with a 12-week treatment period and a 6-month follow-up (**Table 32**). The study evaluated 2 doses of leuprolide acetate [7.5 mg (not approved for uterine fibroids indication), 3.75 mg] plus iron versus placebo plus iron for the preoperative treatment of anemia caused by uterine fibroids. Subjects were enrolled by stratifying hematologic status at baseline (hematocrit \leq 28% and $>$ 28%).

The supportive controlled trials had similar study designs, sample sizes, and treatment duration (24 weeks), and assessed the safety and efficacy of leuprolide acetate 3.75 mg versus placebo in women with uterine fibroids who were surgical candidates.

Table 32. Summary of Controlled Clinical Trials Supporting Safety and Efficacy in Patients with Uterine Fibroids

Study #	Trial Design	Dosage, Route of Administration and Duration	Study Subjects by Arm Entered/Completed (n)	Mean Age (Range) ¹
M90-411	Phase 3, stratified, randomized, double-blind, parallel-group multicenter study	LA 7.5 mg ³ + iron LA 3.75 mg + iron Placebo + iron LA and placebo given intramuscular at 4-week intervals, oral iron tablet given 2 or 3 times daily ²	LA 7.5 mg ³ + iron: 107/104 LA 3.75 mg + iron: 104/93 Placebo + iron: 98/84	LA 7.5 mg ³ + iron: 39.1 (26–52) yrs LA 3.75 mg + iron: 39.4 (23–50) yrs Placebo: 39.2 (23–51) yrs

Study #	Trial Design	Dosage, Route of Administration and Duration	Study Subjects by Arm Entered/Completed (n)	Mean Age (Range) ¹
		12-week treatment period and a 6-month follow-up		
M86-034	Phase 3, randomized, double-blind, parallel-group single-center study	LA 3.75 mg Placebo Intramuscular monthly 24 weeks	LA: 20/17 Placebo: 20/17	LA: 41.1 (29–53) yrs Placebo: 39.3 (29–49) yrs
M86-049	Phase 3, randomized, double-blind, parallel-group multicenter study	LA 3.75 mg Placebo Intramuscular monthly 24 weeks	LA: 22/20 Placebo: 22/10	LA: 36.5 (25–47) yrs Placebo: 35.0 (28–45) yrs
M86-062	Phase 3, randomized, double-blind, parallel-group multicenter study	LA 3.75 mg Placebo Intramuscular monthly 24 weeks	LA: 21/20 Placebo: 23/10	LA: 34.5 (28–47) yrs Placebo: 33.0 (20–44) yrs

Definition: LA = leuprolide acetate

1. Age at study start for efficacy evaluable subjects.
2. Ferrous sulfate tablets, 525 mg twice daily, or if intolerance to ferrous sulfate developed, ferrous gluconate tablets, 324 mg 3 times daily.
3. 7.5 mg is not approved for uterine fibroids indication.

Description of Clinical Studies

In the controlled Phase 3 studies, 255 of 274 subjects (93.1%) randomized to leuprolide acetate completed the treatment period compared to 122 of 163 subjects (74.8%) randomized to placebo. A total of 248 leuprolide acetate subjects and 141 placebo subjects were included in efficacy evaluations.

The primary efficacy endpoint in Study M90-411 was the change in hematologic status from baseline to each monthly visit (Weeks 4, 8, and 12) and to the final visit. A response was defined as an increase of ≥ 2 g/dL in hemoglobin and/or $\geq 6\%$ in hematocrit. Because subjects could meet these criteria and still be anemic, absolute cutoffs were also specified for a response. These were hemoglobin ≥ 12 g/dL and hematocrit $\geq 36\%$. Efficacy was additionally evaluated based on changes uterine and fibroid volume by pelvic ultrasound or MRI, uterine size (in gestational weeks) by pelvic examination, clinical signs and symptoms, estradiol levels, uterine bleeding, and quality of life.

The primary efficacy endpoints in the supportive studies were changes in uterine and fibroid volume. Uterine volume was measured by pelvic ultrasound in Study M86-034; uterine and fibroid volumes were measured by non-magnetic resonance (NMR) imaging in Study M86-049 or by ultrasound or NMR

imaging in Study M86-062. Efficacy was additionally evaluated based on changes in gestational weeks, clinical signs and symptoms, hormone levels, hematocrit determinations, and the menstrual record.

Results from the pivotal Study M90-411 for both the efficacy subset of subjects as well as for all subjects demonstrated a statistically significantly higher percentage of subjects in each of the leuprolide acetate dose groups and therefore, a hematologic response in both hemoglobin and hematocrit at Final Visit relative to placebo (**Table 33**).

Table 33. Study M90-411: Percentage of Subjects with Hematologic Response at Final Visit

Evaluation	n/N (%) of Subjects with an Increase of ≥ 2 g/dL in Hemoglobin and an Increase of $\geq 6\%$ in Hematocrit		
	Placebo	LUPRON DEPOT 7.5 mg ¹	LUPRON DEPOT 3.75 mg
Evaluable Subjects, N = 253			
Stratum A (hematocrit $\leq 28\%$)	18/24 (75)	33/35 (94) P = 0.053	26/28 (93) P = 0.123
Stratum B (hematocrit $> 28\%$)	20/48 (42)	43/62 (69) P = 0.006	42/56 (75) P < 0.001
Combined Strata	38/72 (53)	76/97 (78) P < 0.001	68/84 (81) P < 0.001
All Subjects, N = 296			
Stratum A (hematocrit $\leq 28\%$)	27/35 (77)	38/40 (95) P = 0.038	34/35 (97) P = 0.028
Stratum B (hematocrit $> 28\%$)	29/60 (48)	46/66 (70) P = 0.018	44/60 (73) P = 0.009
Combined Strata	56/95 (59)	84/106 (79) P = 0.001	78/95 (82) P < 0.001
n/N (%) of Subjects with Hemoglobin ≥ 12 g/dL and Hematocrit $\geq 36\%$			
Evaluable Subjects, N = 253			
Stratum A (hematocrit $\leq 28\%$)	9/24 (38)	24/35 (69) P = 0.032	19/28 (68) P = 0.050
Stratum B (hematocrit $> 28\%$)	24/48 (50)	48/62 (77) P = 0.004	43/56 (77) P = 0.007
Combined Strata	33/72 (46)	72/97 (74) P < 0.001	62/84 (74) P < 0.001
All Subjects, N = 296			
Stratum A (hematocrit $\leq 28\%$)	12/35 (34)	28/40 (70) P = 0.003	24/35 (69) P = 0.008
Stratum B (hematocrit $> 28\%$)	32/60 (53)	51/66 (77) P = 0.005	45/60 (75) P = 0.022
Combined Strata	44/95 (46)	79/106 (75) P < 0.001	69/95 (73) P < 0.001

n/N (%) of Subjects with an Increase of ≥ 2 g/dL in Hemoglobin and an Increase of $\geq 6\%$ in Hematocrit

Note: For the comparisons within each stratum, the *P* value is from a pairwise Fisher's exact test. For the comparisons for the combined strata, the *P* value is from a CMH statistic with strata as the blocking factor.

1. 7.5 mg is not approved for uterine fibroids indication

In Study M90-411, at least 25% reduction from baseline to Final Visit in uterine and fibroid volume was reported in 36/60 (60%) and 22/41 (54%) of the efficacy evaluable patients treated with leuprolide acetate 3.75 mg (combined strata). For the efficacy evaluable subjects treated with leuprolide acetate 3.75 mg (combined strata), median reduction in uterine volume was 39%, and median reductions in fibroid volume was 27%. For the placebo-treated subjects there was a slight increase in median uterine volume (10%) and fibroid volume (8%). The differences were statistically significant between the leuprolide acetate 3.75 mg and placebo groups for all analyses for the reduction in uterine volume except for Stratum A (subjects with hematocrit $\leq 28\%$) for evaluable subjects.

Reductions in uterine volume were reflected in improvements in clinical symptoms. A smaller percentage of subjects who received leuprolide acetate 3.75 mg compared with those who received placebo experienced bloating [38/76 (50.0%) and 37/56 (66.1%), respectively], pelvic pain [32/76 (42.1%) and 35/56 (62.5%)], pressure [28/76 (36.8%) and 25/56 (44.6%)], and menorrhagia [3/76 (3.9%) and 31/56 (55.4%)] at Final Visit (no statistical test was performed for these analyses). There was no consistent treatment effect with leuprolide acetate against symptoms of constipation, dyspareunia, menometrorrhagia, and urinary disorder.

In the supportive controlled studies (M86-034, M86-049, and M86-062), leuprolide acetate 3.75 mg was shown to be statistically significantly superior to placebo in reducing uterine and fibroid volume (**Table 34**).

In an analysis combining the 3 supportive controlled studies, there was a statistically significantly (*P* = 0.004) greater increase in hematocrit at Final Visit with leuprolide acetate 3.75 mg (1.6%) compared to placebo (-1.1%) in subjects who had menorrhagia prior to treatment. Ninety-five percent of these patients became amenorrheic.

Table 34. Studies M86-034, M86-049, and M86-062: Percent of Evaluable Subjects with $\geq 25\%$ Reduction in Uterine or Fibroid Volume at Final Visit

Endpoint	n/N (%) of Subjects with $\geq 25\%$ Reduction in Uterine or Fibroid Volume		
	Placebo	Leuprolide Acetate 3.75 mg	P value versus Placebo
Uterine Volume			
M86-034	0/20 (0)	13/17 (76)	< 0.001
M86-049	3/19 (16)	16/21 (76)	< 0.001
M86-062	2/19 (11)	14/18 (78)	< 0.001
Fibroid Volume			
M86-049	1/18 (6)	15/19 (79)	< 0.001

Endpoint	n/N (%) of Subjects with \geq 25% Reduction in Uterine or Fibroid Volume		
	Placebo	Leuprolide Acetate 3.75 mg	P value versus Placebo
M86-062	3/17 (18)	9/15 (60)	0.027

Notes: *P* value is from Fisher's exact test.

Fibroid volume was not measured in Study M86-034.

15 MICROBIOLOGY

No microbiological information is required for this drug product.

16 NON-CLINICAL TOXICOLOGY

Acute Toxicity

Mice and rats were given leuprolide acetate for depot suspension with different routes of administration: oral, intraperitoneal and subcutaneous (doses of 5 g/kg) and intramuscular (doses of 2 g/kg). No death occurred. The LD50 was concluded to be greater than 5 g/kg for intraperitoneal and subcutaneous routes and 2 g/kg for the intramuscular route.

Long-Term Toxicity

Rat

Leuprolide acetate for depot suspension was administered intramuscularly to three groups of male rats at doses from 10, 30 and 100 mg/kg/week (corresponding to 0.8, 2.4 and 8.0 mg/kg/week of leuprolide acetate injection) once a week for 13 weeks. Rats dosed at 100 mg/kg/week showed atrophy of testes; in addition white spots were noted at the injection sites. The atrophy of the testes was reported to be due to the hormonal action of leuprolide acetate injection; the "no-toxic-effect" dose was considered to be 100 mg/kg/week.

In another toxicity study, male rats were given leuprolide acetate for depot suspension subcutaneously once a week for three weeks, at doses of 30 mg/kg/week (corresponding to 2.4 mg/kg/week of leuprolide acetate injection). Atrophy of the testes, and a slight induration were noted. The "no-toxic effect" dose was considered to be 30 mg/kg/week.

In a third study, leuprolide acetate for depot suspension was given subcutaneously to groups of male and female rats, at doses of 0, 10, 30 and 100 mg/kg/week once a week for 13 weeks (corresponding to 0, 0.8, 2.4 and 8 mg/kg/week of leuprolide acetate injection). Atrophy of the testes was noted, with induration at injection site; in female rats, the vagina failed to open throughout the dosing period. Leuprolide acetate for depot suspension produced changes related to the expected pharmacologic effects. The "no-toxic-effect" dose was considered to be 100 mg/kg/week.

Dog

In two different studies, female and male beagle dogs were given leuprolide acetate for depot suspension subcutaneously for 13 weeks, once a week at doses of 10, 30, 100 mg/kg/week, corresponding to 0.8, 2.4 and 8 mg/kg/week leuprolide acetate injection. No death was reported. Signs

and symptoms include inflammatory lesions at the injection sites, and atrophic changes of the primary and accessory sex glands. The injection site change, seen in both control and test groups, was induced by the microcapsule, not leuprolide, and was reversible.

Mutagenicity

In the Ames Test, using *S. typhimurium*, strains TA 98, TA 100, TA 1535 and TA 1537, and *E. coli* strain WP2hcr, leuprolide acetate for depot suspension was found not mutagenic at dosing ranging from 0.03 to 10 mg/plate, irrespective of treatment with mammalian metabolic activation system (S-9 mix).

Carcinogenicity

Two rodent carcinogenicity studies were conducted for two years with daily doses of 0.6, 1.5, and 4 mg/kg/day in the rat, and with 0.6, 6, and 60 mg/kg/day in the mouse.

In rats, a dose-related incidence of pituitary hyperplasia, hypertrophy and benign pituitary adenomas were noted at 12 month necropsy, while a statistically significant dose-related incidence of benign pituitary adenomas was observed in both male and female rats after 24 months when the drug was administered subcutaneously at high daily doses (0.6 to 4 mg/kg).

In mice, no drug-induced neoplastic changes or pituitary abnormalities were observed at doses as high as 60 mg/kg for two years.

Patients have been treated with leuprolide for up to three years with doses as high as 10 mg/day, and for two years with doses as high as 20 mg/day. Clinical signs of pituitary abnormalities have not been observed in any of these patients.

Reproductive and Developmental Toxicology

Fertility and reproductive performance studies cannot be conducted with leuprolide, because the compound affects the pituitary-gonadal axis and influences endocrine reproductive organs. As a result, there would be a decrease in fertility and reproduction.

Clinical and pharmacologic studies in adult females with leuprolide acetate and similar analogs have shown full reversibility of fertility suppression when the drug is discontinued after continuous administration for periods of up to 24 weeks. There are no data in humans relating to male fertility following treatment with leuprolide acetate.

Although no clinical studies have been completed in children to assess the full reversibility of fertility suppression, animal studies (prepubertal and adult rats and monkeys) with leuprolide acetate and other GnRH analogs have shown functional recovery. However, following a study with leuprolide acetate, immature male rats demonstrated tubular degeneration in the testes even after a recovery period. In spite of the failure to recover histologically, the treated males proved to be as fertile as the controls. Also, no histologic changes were observed in the female rats following the same protocol. In both sexes, the offspring of the treated animals appeared normal. The effect of the treatment of the parents on the reproductive performance of the F1 generation was not tested. The clinical significance of these findings is unknown.

Teratology

Leuprolide administered to pregnant rats at dosages of 0, 1, 3 and 10 mcg/kg/day from gestational Day 6 to gestational Day 15 (major period of organogenesis) was not teratogenic. At 10 mcg/kg/day, leuprolide increased the incidence of resorptions; surviving fetuses showed no abnormalities. The "no-toxic-effect" dosage was 3 mcg/kg/day.

Leuprolide increased the incidence of embryonic resorptions in pregnant rabbits when dosed with 0, 0.1, 0.3 or 1.0 mcg/kg/day during the period of major organogenesis, i.e., Gestational Day 6 through Gestational Day 18. Surviving fetuses showed no abnormalities (see [2 CONTRAINDICATIONS](#)).

Special Toxicology Studies

Rabbit

In a preliminary study, male rabbits were given single injections (1 mL/animal) of a 15% suspension of leuprolide acetate for depot suspension into the subcutaneous tissue of the abdomen to assess local irritation.

Deposition of the test drug at site of injection was noted at 2 and 14 days after the injection, along with slight hemorrhage and dilatation of capillaries at 50 days after the injection. Leuprolide acetate for depot suspension was reported not to produce significant subcutaneous irritation in rabbits in this study.

In a second irritation study, male rabbits were injected once or 4 successive times with leuprolide acetate for depot suspension (15% suspension) by intramuscular administration. Results were compared to those obtained with placebo-microcapsule or a 0.75% solution of acetic acid as the positive control. Deposition at injection sites, and slight irritation changes (hemorrhage, edema, inflammation) were noted: leuprolide acetate for depot suspension produced the same effects with the same degree as the placebo-microcapsule, but these were less than those of the positive control (0.75% acetic acid), and their severity were not potentiated by four repeated injections.

The injection-site toxicity and irritation effects of leuprolide acetate (3-Month SR) were studied in rabbits. The rabbits were administered with intramuscular and subcutaneous injections at doses of 11.25 mg/mL for intramuscular injection and 5.64 mg/mL for subcutaneous injection. Intramuscular injection was in the left vastus lateralis muscle, and subcutaneous injection was in the abdominal region. Only mild irritative changes such as mild hemorrhage and degeneration of the muscle fiber were seen two days after the injection. Moreover, granulation tissue composed of macrophages and multinucleated giant cells was observed. The size of granulation tissue observed was decreased 13 weeks after the injection. Therefore, these changes were characterized mainly by foreign body reactions caused by the persistence of the microcapsule formulation.

Guinea Pig

Two studies were performed to evaluate the potential of leuprolide acetate for depot suspension to produce either systemic anaphylaxis or delayed hypersensitivity reactions in guinea pigs.

Preliminary antigenicity study. Leuprolide acetate for depot suspension was given to guinea pigs at a dose of 123 mg/kg every two weeks by intramuscular route four times, and once by subcutaneous route two weeks after the last intramuscular dose. Results were compared to controls treated with placebo-microcapsule 122 mg/kg intraperitoneally, or with ovalbumin 5 mg/animal intravenously. No systemic anaphylactic reactions were observed with animals treated with leuprolide acetate for depot suspension and placebo-microcapsule, but some induced equivocal weak antibody production was noted.

In a second study, the sensitization potential of leuprolide acetate for depot suspension at doses of 50 mg/animal/dosing by intramuscular (systemic anaphylaxis) or at doses of approximately 7.2 mg/animal/dosing (0.05 mL of a 144.23 mg/mL of suspension) intradermal (delayed hypersensitivity), were compared to those seen with gelatin, egg albumin or captan. No signs of anaphylactic reactions nor delayed hypersensitivity were observed for leuprolide acetate for depot suspension, while signs of anaphylactic reactions (such as nose scratching, sneezing, dyspnea or local irritation) were noted with other compounds.

PATIENT MEDICATION INFORMATION FOR CENTRAL PRECOCIOUS PUBERTY

READ THIS FOR SAFE AND EFFECTIVE USE OF YOUR MEDICINE

P^rLUPRON DEPOT[®]

leuprolide acetate for depot suspension

Read this carefully before you start taking **LUPRON DEPOT** and each time you get a refill. This leaflet is a summary and will not tell you everything about this drug. Talk to your healthcare professional about your medical condition and treatment and ask if there is any new information about **LUPRON DEPOT**.

What is LUPRON DEPOT used for?

- LUPRON DEPOT is for the treatment of children with central precocious puberty.

How does LUPRON DEPOT work?

LUPRON DEPOT is a hormone-like agent. It is given by injection **once a month** to adjust your child's body clock.

- Your child will stop making some hormones at adult levels.
- Pubertal changes (pubic hair, girl's period, breasts, etc.) should stop and may even become less obvious.
- Growth rate becomes more normal.
- When it's right for your child, your child's healthcare professional will stop giving the shots and puberty will begin again.

What are the ingredients in LUPRON DEPOT?

Medicinal ingredients: leuprolide acetate

Non-medicinal ingredients: Carboxymethylcellulose sodium, DL-lactic and glycolic acids copolymer, D-mannitol, gelatin, glacial acetic acid, polysorbate 80 and water for injection.

LUPRON DEPOT comes in the following dosage forms:

Powder for suspension: 3.75 mg and 7.5 mg.

LUPRON DEPOT comes in a pre-filled syringe.

LUPRON DEPOT also comes with a special diluent. The powder must be mixed with the diluent before intramuscular injection.

Do not use LUPRON DEPOT:

- if your child is allergic to leuprolide acetate, any similar medications (e.g., histrelin, desorelin), or any of the non-medicinal ingredients in LUPRON DEPOT
- in patients who are pregnant or may become pregnant

To help avoid side effects and ensure proper use, talk to your healthcare professional before you take LUPRON DEPOT. Talk about any health conditions or problems you may have, including if your child:

- has a family history of a bone disease (osteoporosis) or is a chronic user of drugs that can reduce bone mass. These can include drugs to treat seizures, corticosteroids, alcohol and/or tobacco. This is because LUPRON DEPOT can cause thinning of the bone and may pose additional risk in these patients. Once the treatment has ended, this bone loss may stop. Bone mass may return to normal levels in late adolescence.
- has had or is suspected of having seizures, epilepsy, problems with blood flow to the brain (cerebrovascular disorder), problems with their central nervous system, or a brain tumor.
- is taking other medication(s) that have been associated with convulsions or seizures such as bupropion and any SSRI medication for depression.
- has had or is suspected of having mental (psychiatric) events. These can include crying, irritability, impatience, anger and/or depression.
- has a history of asthma, sinus problems or any allergies.

Other warnings you should know about:

Skin reactions: Very rare, severe allergic skin reactions such as **Stevens-Johnson Syndrome (SJS)** and **Toxic Epidermal Necrolysis (TEN)** have been reported. Some symptoms are a rash with blisters, redness and peeling skin. If you notice these symptoms, tell your healthcare professional right away or get emergency help.

Pseudotumor cerebri (PTC)/idiopathic intracranial hypertension (a condition characterized by increased blood pressure in your head/brain) has been reported in kids receiving this medicine. Monitor/watch your child for signs and symptoms of PTC, including:

- headache,
- vision issues such as blurred vision, double vision, loss of vision,
- pain behind the eye or pain with eye movement,
- ringing in the ears,
- dizziness,
- nausea.

Contact your healthcare professional immediately and take your child to an ophthalmologist (an eye specialist) to find out if there is papilledema (pressure in or around the brain which causes the part of

the optic nerve inside the eye to swell). If papilledema is present, this means your child has PTC and immediate treatment is necessary.

Tell your healthcare professional about all the medicines you take or are planning to take, including any drugs, non-prescription drugs (such as drug products for colds or nausea), vitamins, minerals, natural supplements or alternative medicines.

How to take LUPRON DEPOT:

- Your child only needs one injection a month.
- Your child's healthcare professional will administer the injection during your child's scheduled visits.
- LUPRON DEPOT will be injected into your child's muscle.
- **Regular injections are important!**
- It is very important that the healthcare professional check your child's progress at regular medical visits.

Usual dose:

The recommended starting dose of LUPRON DEPOT is:

- 7.5 mg per month for children weighing less than 25 kg
- 11.25 mg per month (as one injection each of 3.75 mg and 7.5 mg) for children weighing between 25 kg and 37.5 kg
- 15 mg per month (as two injections of 7.5 mg) for children weighing more than 37.5 kg

The maximum dose is 15 mg per month.

Overdose:

If you think you have taken too much LUPRON DEPOT, contact your healthcare professional, hospital emergency department or regional poison control centre immediately, even if there are no symptoms.

Missed Dose:

Your child must follow the 4-week drug administration schedules for the therapy is to be successful. For best results, your child should have the right amount of LUPRON DEPOT in his or her body at all times. If your child misses a dose, the pubertal development could restart.

If you need more information, ask your child's healthcare professional.

What are possible side effects from using LUPRON DEPOT?

These are not all the possible side effects you may feel when taking LUPRON DEPOT. If you experience any side effects not listed here, contact your healthcare professional.

Post-market side effects:

- Seizures (convulsions) in adult patients and children. This includes patients:
 - with a history of seizures, epilepsy, problems with blood flow to the brain (cerebrovascular disorders), central nervous system problems or tumors.
 - taking other medicines at the same time such as bupropion and SSRIs. These medicines have been linked with seizures.
 - having seizures without any other conditions.

Other side effects include:

- decreased white blood cell count
- disorder of the nerves which can cause weakness and tingling (neuropathy)
- increased sweating (hyperhidrosis)
- problems with sunlight (photosensitive reaction)
- raised red, itchy areas on the skin called hives (urticaria)
- weight increased
- inflammation of the tendon (tenosynovitis-like symptoms).

In the first few weeks of taking LUPRON DEPOT, your child's hormone levels will initially increase and then decline over several weeks. Your child's symptoms may get worse.

Your child may have new or worsened mental (psychiatric) problems. Mental problems may include emotional symptoms such as:

- crying
- irritability
- restlessness (impatience)
- anger
- acting aggressive

The following items are not necessarily problems, but your child's healthcare professional will want to know about them. Call your child's healthcare professional or tell the healthcare professional at your child's next appointment if:

- Pubertal changes continue.
- Your daughter has a period, especially after the first month of treatment with LUPRON DEPOT.
- Your child has substantial mood swings (write down the date this happens).
- You observe any behavioural changes in your child (boys may become aggressive; girls may become moody).

A skin reaction may occur: redness, burning, and/or swelling at the injection site. These reactions usually are mild and disappear after a few days. If they persist or worsen, tell your child's healthcare professional.

Serious side effects and what to do about them			
Symptom / effect	Talk to your healthcare professional		Get immediate medical help
	Only if severe	In all cases	
COMMON			
Headache	✓		
Itching rash		✓	
Skin reactions including reaction at site of injection		✓	
Vomiting/nausea	✓		
UNCOMMON			
Abnormal swelling or numbness of limbs		✓	
Convulsion		✓	
Severe bone pain		✓	
Severe pain in chest or abdomen		✓	
Vision changes		✓	
VERY RARE			
Stevens-Johnson syndrome (SJS), Toxic Epidermal Necrolysis (TEN) (severe skin reaction/rash): redness, blistering and/or peeling of the skin and/or inside of the lips, eyes, mouth, nasal passages or genitals, accompanied by fever, chills, headache, cough, body aches or swollen glands			✓
UNKNOWN FREQUENCY			
Hypersensitivity reactions, including anaphylaxis (severe allergic reactions): fever, skin rash, hives, itching, shortness of breath, sudden wheeziness and chest pain or tightness, runny nose, itchy, watery eyes, swelling of eyelids, face, lips, tongue or throat			✓
Pseudotumor cerebri (PTC)/idiopathic intracranial hypertension (a condition characterized by increased blood pressure in your head/brain): Headache, vision issues (such as blurred vision, double vision, loss of vision), pain behind the eye or			✓

Serious side effects and what to do about them			
Symptom / effect	Talk to your healthcare professional		Get immediate medical help
	Only if severe	In all cases	
pain with eye movement, ringing in the ears, dizziness, and nausea.			

If you have a troublesome symptom or side effect that is not listed here or becomes bad enough to interfere with your daily activities, tell your healthcare professional.

Reporting Side Effects

You can report any suspected side effects associated with the use of health products to Health Canada by:

- Visiting the Web page on Adverse Reaction Reporting (<https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada/adverse-reaction-reporting.html>) for information on how to report online, by mail or by fax; or
- Calling toll-free at 1-866-234-2345.

NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.

Storage:

Store between 15 and 25°C. Protect from freezing.

If you want more information about LUPRON DEPOT:

- Talk to your healthcare professional
- Find the full product monograph that is prepared for healthcare professionals and includes this Patient Medication Information by visiting the Health Canada website: (<https://www.canada.ca/en/health-canada/services/drugs-health-products/drug-products/drug-product-database.html>); the manufacturer's website www.abbvie.ca, or by calling 1-888-704-8271.

Call your healthcare professional to talk about any questions you may have. For questions or concerns visit the manufacturer's website (www.abbvie.ca) or call 1-888-704-8271.

This leaflet was prepared by AbbVie Corporation.

Last Revised: MAR 19, 2024

PATIENT MEDICATION INFORMATION FOR PROSTATE CANCER

READ THIS FOR SAFE AND EFFECTIVE USE OF YOUR MEDICINE

PrLUPRON DEPOT®

leuprolide acetate for depot suspension

Read this carefully before you start taking **LUPRON DEPOT** and each time you get a refill. This leaflet is a summary and will not tell you everything about this drug. Talk to your healthcare professional about your medical condition and treatment and ask if there is any new information about **LUPRON DEPOT**.

Serious Warnings and Precautions

LUPRON DEPOT should be prescribed by a healthcare professional experienced with this type of drug.

LUPRON DEPOT may cause:

- worsening of symptoms of prostate cancer at the beginning of the treatment
- bone thinning (osteoporosis)

What is LUPRON DEPOT used for?

- LUPRON DEPOT is used in the palliative treatment of prostate cancer. Palliative treatment is the relief of symptoms associated with a disease; it is not a cure.

How does LUPRON DEPOT work?

Leuprolide acetate is similar to gonadotropin-releasing hormone (GnRH or LHRH). This is a hormone that is naturally made in your body. Normally, your body releases small amounts of LHRH and this leads to the production of sex hormones. However, when you inject LUPRON DEPOT, sex hormone production is interrupted and testosterone is no longer produced by the testes. When the level of testosterone is decreased in your body, your symptoms will get better.

What are the ingredients in LUPRON DEPOT?

Medicinal ingredients: leuprolide acetate

Non-medicinal ingredients: carboxymethylcellulose sodium, D-mannitol, DL-lactic and glycolic acids copolymer (in LUPRON DEPOT 7.5 mg only), glacial acetic acid, polylactic acid, polysorbate 80, gelatin, and water for injection.

LUPRON DEPOT comes in the following dosage forms:

Powder for suspension: 7.5 mg, 22.5 mg and 30 mg

LUPRON DEPOT comes in a pre-filled syringe.

LUPRON DEPOT also comes with a special diluent. The powder must be mixed with the diluent before intramuscular injection.

Do not use LUPRON DEPOT if:

- you are allergic to leuprolide acetate, any similar medications (e.g., histrelin, desorelin), or any of the non-medicinal ingredients in LUPRON DEPOT

To help avoid side effects and ensure proper use, talk to your healthcare professional before you take LUPRON DEPOT. Talk about any health conditions or problems you may have, including if:

- you have had or have difficulty urinating due to a block in the urinary tract (obstructive uropathy) and/or a spinal cord tumor (metastatic vertebral lesions).
- you have family history of a bone disease (osteoporosis) or are a chronic user of drugs that can reduce bone mass. These include drugs to treat seizures, corticosteroids, alcohol and/or tobacco. This is because LUPRON DEPOT can cause thinning of the bone and may pose additional risk in these patients.
- you have had or are suspected of having seizures, epilepsy, problems with blood flow to the brain (cerebrovascular disorder), problems with your central nervous system, or a brain tumor.
- you are taking other medication(s) that have been associated with convulsions or seizures such as bupropion and any selective serotonin reuptake inhibitor (SSRI) medication. These are used to treat depression.
- you have a history of heart disease or disorders, or have a genetic heart condition called “long QT syndrome”.
- you have or have a history of high blood sugar (diabetes), high cholesterol, and/or fatty liver. LUPRON DEPOT may affect your blood sugar. Your healthcare professional should do blood tests to check your blood sugar and for metabolic syndrome/changes more often.
- you have low red blood cell counts. LUPRON DEPOT may cause a decrease in red blood cells (anemia).
- you have problems with your liver.
- you have depression or other mental disorders.
- you have a history of asthma, sinus problems or any allergies.

During the first few weeks of treatment with LUPRON DEPOT, your symptoms may get worse or you may develop new symptoms. These can include bone pain, neuropathy (tingling, numbness or pain in the affected area) presence of blood in the urine or difficulty urinating.

Other warnings you should know about:

Skin reactions: Very rare, severe allergic skin reactions such as **Stevens-Johnson Syndrome (SJS)** and **Toxic Epidermal Necrolysis (TEN)** have been reported. Some symptoms are a rash with blisters, redness and peeling skin. If you notice these symptoms, tell your healthcare professional right away or get emergency help.

Tell your healthcare professional about all the medicines you take or are planning to take, including any drugs, non-prescription drugs (such as drug products for colds or nausea), vitamins, minerals, natural supplements or alternative medicines.

The following may interact with LUPRON DEPOT:

- medicines used to correct heart rhythm such as quinidine, disopyramide, amiodarone, dronedarone, sotalol, dofetilide, ibutilide (e.g., Corvert®), flecainide (e.g., Tambocor®), propafenone (e.g., Rythmol®)
- medicines used to treat schizophrenia such as chlorpromazine
- medicines to treat depression such as amitriptyline, nortriptyline
- morphine-like medicines (e.g., methadone)
- certain antibiotics and antimicrobials such as erythromycin, clarithromycin (e.g., Biaxin®), azithromycin (e.g., Zithromax®), moxifloxacin (e.g., Avelox®)
- antimalarials (e.g., quinine)
- antifungals
- medicines used to prevent nausea and vomiting caused by cancer chemotherapy, radiation therapy and surgery such as ondansetron (e.g., Zofran®)
- medicines used for the relief of bronchospasm in conditions like asthma and chronic obstructive pulmonary disease such as salbutamol (e.g., Ventolin®)

How to take LUPRON DEPOT:

- Your healthcare professional will administer LUPRON DEPOT for you during your scheduled visits.
- It is very important that your healthcare professional check your progress at regular medical visits.
- LUPRON DEPOT will be injected into your muscle.
- **Regular injections are important!**
- If you need more information, ask your healthcare professional.

Usual dose:

If you are taking LUPRON DEPOT 7.5 mg (1-Month slow release) go to your healthcare professional **once every month** for your injection.

If you are taking LUPRON DEPOT 22.5 mg (3-Month slow release), go to your healthcare professional **once every three months** for your injection.

If you are taking LUPRON DEPOT 30mg (4-Month slow release), go to your healthcare professional **once every four months** for your injection.

Overdose:

If you think you have taken too much LUPRON DEPOT, contact your healthcare professional, hospital emergency department or regional poison control centre immediately, even if there are no symptoms.

Missed Dose:

If you miss an appointment by a few days, it should not disrupt the benefits of treatment. But you must follow your drug administration schedules for the therapy to be successful.

What are possible side effects from using LUPRON DEPOT?

These are not all the possible side effects you may feel when taking LUPRON DEPOT. If you experience any side effects not listed here, contact your healthcare professional.

Post-market side effects:

- Seizures (convulsions) in adult patients and children. This includes:
 - female patients .
 - patients with a history of seizures, epilepsy, problems with blood flow to the brain (cerebrovascular disorders), central nervous system problems or tumors.
 - patients taking other medicines at the same time such as bupropion and SSRIs. These medicines have been linked with seizures.
 - patients having seizures without any other conditions.

Other side effects include:

- low blood pressure (hypotension)
- cardiac arrest (heart stops beating), heart attack (myocardial infarction), sudden cardiac death
- spinal fracture/paralysis
- decreased white blood cell count
- serious liver injury, fatty liver
- problem with sunlight (photosensitivity reactions)
- inflammation of the tendon (tenosynovitis-like symptoms)
- prostate pain
- a solid swelling of clotted blood within the tissues (hematoma)
- thickening of skin and soft tissue (induration)
- inflammation
- lung problems (interstitial lung disease, pulmonary fibrosis).

In the first few weeks of taking LUPRON DEPOT, your testosterone levels will initially increase and then decline over several weeks. During this period some patients may experience worsening of urinary

symptoms and/or a temporary increase in bone pain. **Should this occur, contact your healthcare professional immediately.**

The following side effects are commonly experienced after the initial rise and occur due to decreasing levels of testosterone in the body:

- general pain or flu-like symptoms
- joint and muscle pain
- emotional changes such as feeling depressed
- worsening urinary symptoms

Should these side effects persist or if they are severe, contact your healthcare professional immediately.

Notify your healthcare professional if you develop new or worsened symptoms of depression after beginning LUPRON DEPOT treatment.

A local skin reaction may occur: redness, burning and/or swelling at the injection site. These reactions usually are mild and disappear after a few days. If they persist or worsen, tell your healthcare professional.

Serious side effects and what to do about them			
Symptom / effect	Talk to your healthcare professional		Get immediate medical help
	Only if severe	In all cases	
COMMON			
Decrease in testicular size		✓	
Headache	✓		
Hot flashes		✓	
Impotence/ decrease in libido		✓	
Itching rash		✓	
Skin reactions including reaction at site of injection		✓	
UNCOMMON			
Abnormal swelling or numbness of limbs		✓	
Convulsion		✓	
Severe bone pain		✓	
Severe pain in chest or abdomen		✓	
Vision changes		✓	
VERY RARE			
Stevens-Johnson syndrome (SJS), Toxic Epidermal Necrolysis (TEN) (severe skin reaction/rash): redness, blistering and/or peeling of the skin and/or inside of the lips, eyes, mouth, nasal passages or genitals, accompanied by fever,			✓

Serious side effects and what to do about them			
Symptom / effect	Talk to your healthcare professional		Get immediate medical help
	Only if severe	In all cases	
chills, headache, cough, body aches or swollen glands			
UNKNOWN FREQUENCY			
Hypersensitivity reactions, including anaphylaxis (severe allergic reactions): fever, skin rash, hives, itching, shortness of breath, sudden wheeziness and chest pain or tightness, runny nose, itchy, watery eyes, swelling of eyelids, face, lips, tongue or throat			✓
Interstitial lung disease or pulmonary fibrosis (inflammation of the lung): New onset or worsening of shortness of breath, especially with exertion, dry cough/interstitial lung disease, an inflammation of lung tissue		✓	
Serious liver injury: yellow skin, yellow eyes, nausea/vomiting, decreased or loss of appetite, fatigue, itching, abdominal pain and bleeding and bruising			✓

If you have a troublesome symptom or side effect that is not listed here or becomes bad enough to interfere with your daily activities, tell your healthcare professional.

Reporting Side Effects

You can report any suspected side effects associated with the use of health products to Health Canada by:

- Visiting the Web page on Adverse Reaction Reporting (<https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada/adverse-reaction-reporting.html>) for information on how to report online, by mail or by fax; or
- Calling toll-free at 1-866-234-2345.

NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.

Storage:

Store between 15 and 25°C. Protect from freezing.

If you want more information about LUPRON DEPOT:

- Talk to your healthcare professional
- Find the full product monograph that is prepared for healthcare professionals and includes this Patient Medication Information by visiting the Health Canada website: (<https://www.canada.ca/en/health-canada/services/drugs-health-products/drug-products/drug-product-database.html>); the manufacturer's website www.abbvie.ca, or by calling 1-888-704-8271.

This leaflet was prepared by AbbVie Corporation.

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PATIENT MEDICATION INFORMATION FOR GYNECOLOGY

READ THIS FOR SAFE AND EFFECTIVE USE OF YOUR MEDICINE

PrLUPRON DEPOT®

leuprolide acetate for depot suspension

Read this carefully before you start taking **LUPRON DEPOT** and each time you get a refill. This leaflet is a summary and will not tell you everything about this drug. Talk to your healthcare professional about your medical condition and treatment and ask if there is any new information about **LUPRON DEPOT**.

What is LUPRON DEPOT used for?

Endometriosis:

LUPRON DEPOT 3.75 mg (1-Month slow release) and 11.25 mg (3-Month slow release) is for the **sole treatment** of:

- endometriosis, including pain relief and reducing lesions
- **women close to menopause who do not want surgery:** may relieve symptoms
- **women close to menopause along with surgery:** may relieve symptoms

LUPRON DEPOT 3.75 mg (1-Month slow release) and 11.25 mg (3-Month slow release) is for the **combination treatment with 5 mg norethindrone acetate** for initial treatment or when symptoms return.

Uterine Fibroids (before surgery):

LUPRON DEPOT 3.75 mg (1-Month slow release) is for the **combination treatment with an iron supplement** to improve anemia before surgery for uterine fibroids.

LUPRON DEPOT is not recommended for use in children younger than 18 years of age or women over 65 years of age for the treatment of endometriosis and uterine fibroids.

How does LUPRON DEPOT work?

LUPRON DEPOT stops the production of a hormone called gonadotropins from a gland. This decreases estrogen to postmenopausal levels in premenopausal women.

What are the ingredients in LUPRON DEPOT?

Medicinal ingredients: leuprolide acetate

Non-medicinal ingredients: carboxymethylcellulose sodium, D-mannitol, DL-lactic and glycolic acids copolymer (only for LUPRON DEPOT 3.75 mg), glacial acetic acid, polylactic acid (only for LUPRON DEPOT 11.25 mg), polysorbate 80, gelatin, and water for injection.

LUPRON DEPOT comes in the following dosage forms:

Powder for suspension: 3.75 mg and 11.25 mg

LUPRON DEPOT comes in a pre-filled syringe.

LUPRON DEPOT also comes with a special diluent. The powder must be mixed with the diluent before intramuscular injection.

Do not use LUPRON DEPOT if:

- are allergic to leuprolide acetate, any similar medications (e.g., histrelin, desorelin), or any of the other ingredients in LUPRON DEPOT.
- are pregnant or planning to get pregnant.
- have abnormal vaginal bleeding of unknown cause.
- are breast-feeding.

You must use non-hormonal methods of birth control while receiving LUPRON DEPOT.

To help avoid side effects and ensure proper use, talk to your healthcare professional before you take LUPRON DEPOT. Talk about any health conditions or problems you may have, including if:

- You suspect that you are pregnant.
- You are planning to become pregnant.
- You take hormonal methods of contraception.
- You are breast-feeding.
- You have family history of a bone disease (osteoporosis) or are a chronic user of drugs that can reduce bone mass. These can include drugs to treat seizures, corticosteroids, alcohol and/or tobacco. This is because LUPRON DEPOT can cause thinning of the bone.
- You have had or are suspected of having seizures, epilepsy, problems with blood flow to your brain (cerebrovascular disorder), problems with your central nervous system, or a brain tumor.
- You are taking other medication(s) that have been associated with convulsions or seizures such as bupropion and any SSRI medication. These are used to treat depression.
- You may experience an increase in your cholesterol levels during treatment with LUPRON DEPOT.
- You have a history of asthma, sinus problems or any allergies.

Other warnings you should know about:

Skin reactions: Very rare, severe allergic skin reactions such as **Stevens-Johnson Syndrome (SJS)** and **Toxic Epidermal Necrolysis (TEN)** have been reported. Some symptoms are a rash with blisters, redness and peeling skin. If you notice these symptoms, tell your healthcare professional right away or get emergency help.

Tell your healthcare professional about all the medicines you take or are planning to take, including any drugs, non-prescription drugs (such as drug products for colds or nausea), vitamins, minerals, natural supplements or alternative medicines.

How to take LUPRON DEPOT:

- Your healthcare professional will administer LUPRON DEPOT for you during your scheduled visits.
- LUPRON DEPOT will be injected into your muscle.
- **Regular injections are important!**
- It is very important that your healthcare professional check your progress at regular medical visits.

Usual dose:**Endometriosis:**

If you are taking LUPRON DEPOT 3.7 mg (1-Month slow release), go to your healthcare professional for your injection once every month for 6 months.

If you are taking LUPRON DEPOT 11.25 mg (3-Month slow release), go to your healthcare professional for your injection once every three months for 6 months.

Uterine Fibroids (before surgery):

- 3.75 mg (1-Month slow release) **once a month** for up to 3 months.

For the 3 months you are on LUPRON DEPOT: take an oral iron supplement every day.

Your healthcare professional will tell you how much iron to take every day.

Overdose:

If you think you have taken too much LUPRON DEPOT, contact your healthcare professional, hospital emergency department or regional poison control centre immediately, even if there are no symptoms.

Missed Dose:

If you miss an appointment by a few days, it should not disrupt the benefits of treatment. But you must follow your drug administration schedules for the therapy to be successful.

What are possible side effects from using LUPRON DEPOT?

These are not all the possible side effects you may have when taking LUPRON DEPOT. If you experience any side effects not listed here, tell your healthcare professional.

Signs and symptoms of endometriosis can worsen at the beginning of therapy with LUPRON DEPOT.

Possible common side effects with the use of LUPRON DEPOT include:

- hot flashes, excessive sweats
- gastrointestinal problems, nausea, vomiting
- decreased libido
- muscle or joint pain
- weakness
- breast tenderness/pain and/or vaginitis (infection or inflammation of the vagina)
- emotional changes such as feeling depressed
- headache/migraine
- upset sleep
- nervousness/rapid heartbeat
- edema (swelling, water retention)
- weight gain or loss
- skin reaction at the injection site such as itching, redness, burning, and/or swelling
- acne
- menstrual cramps (dysmenorrhea)

Should these side effects persist or if they are severe, contact your healthcare professional immediately.

Post-market side effects:

- Seizures (convulsions) in adult patients and children. This includes:
 - female patients.
 - patients with a history of seizures, epilepsy, problems with blood flow to the brain (cerebrovascular disorders), central nervous system problems or tumors.
 - patients taking other medicines at the same time such as bupropion and SSRIs. These medicines have been linked with seizures.
 - patients having seizures without any other conditions.

Other side effects include:

- hypotension (low blood pressure)
- peripheral neuropathy (weakness, numbness of the limbs, nerve damage) and spinal fracture/paralysis

- white blood cell count decreased
- liver problems, including serious liver injury
- inflammation of the lung (interstitial lung disease), pulmonary fibrosis (lung disease), dyspnea (difficulty breathing)
- menstrual disorders
- pituitary apoplexy; symptoms include sudden headache, vomiting, visual changes, problem with eye muscle movement (ophthalmoplegia), rash, urticaria (raised red, itchy areas on the skin called hives), tenosynovitis-like symptoms (inflammation of the tendon), altered mental status, and sometimes cardiovascular collapse

Serious side effects and what to do about them			
Symptom / effect	Talk to your healthcare professional		Get immediate medical help
	Only if severe	In all cases	
COMMON			
Headache	✓		
Hot flashes/sweats		✓	
Skin reactions including reaction at site of injection		✓	
Vomiting/nausea	✓		
UNCOMMON			
Abnormal swelling or numbness of limbs		✓	
Convulsion		✓	
Severe bone pain		✓	
Severe pain in chest or abdomen		✓	
Vision changes		✓	
VERY RARE			
Stevens-Johnson syndrome (SJS), Toxic Epidermal Necrolysis (TEN) (severe skin reaction/rash): redness, blistering and/or peeling of the skin and/or inside of the lips, eyes, mouth, nasal passages or genitals, accompanied by fever, chills, headache, cough, body aches or swollen glands			✓
UNKNOWN FREQUENCY			
Hypersensitivity reactions, including anaphylaxis (severe allergic reactions): fever, skin rash, hives, itching, shortness of breath, sudden wheeziness and chest pain or tightness, runny nose, itchy,			✓

Serious side effects and what to do about them			
Symptom / effect	Talk to your healthcare professional		Get immediate medical help
	Only if severe	In all cases	
watery eyes, swelling of eyelids, face, lips, tongue or throat			
Pulmonary fibrosis or interstitial lung disease (inflammation of the lung): new onset or worsening of shortness of breath or dry cough, often seen with exertion		✓	

If you have a troublesome symptom or side effect that is not listed here or becomes bad enough to interfere with your daily activities, tell your healthcare professional.

Reporting Side Effects

You can report any suspected side effects associated with the use of health products to Health Canada by:

- Visiting the Web page on Adverse Reaction Reporting (<https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada/adverse-reaction-reporting.html>) for information on how to report online, by mail or by fax; or
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Storage:

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If you want more information about LUPRON DEPOT:

- Talk to your healthcare professional
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This leaflet was prepared by AbbVie Corporation.

Last Revised: MAR 19, 2024

Instructions for Use
PrLUPRON DEPOT®
(leuprolide acetate for depot suspension)

Pre-filled Dual-Chamber Syringe

3.75 mg (1-Month Slow Release)

7.5 mg (1-Month Slow Release)

11.25 mg (3-Month Slow Release)

22.5 mg (3-Month Slow Release)

30 mg (4-Month Slow Release)

With Sterile Diluent

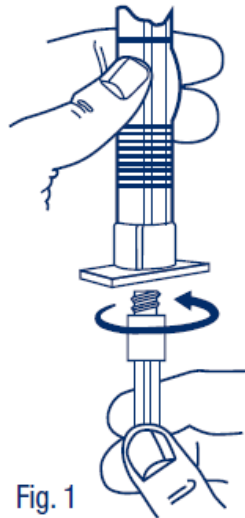
LUPRON DEPOT must be administered by intramuscular injection(s) after reconstitution under the supervision of a healthcare professional. Due to different release characteristics, a fractional dose of the 3-month or 4-month depot formulation is not equivalent to the same dose of the monthly formulation and should not be given.

The LUPRON DEPOT powder should be visually inspected, and the syringe should not be used if clumping or caking is evident. A thin layer of powder on the wall of the syringe is considered normal. The diluent should appear clear.

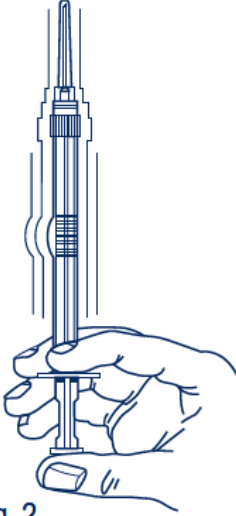
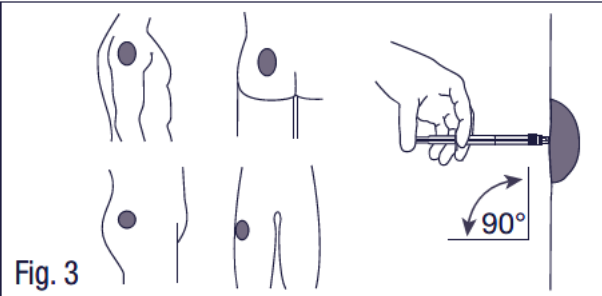
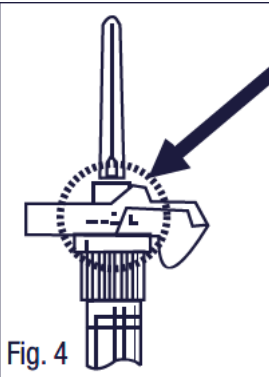
Follow the steps below each time you use LUPRON DEPOT

Prepare for Injection

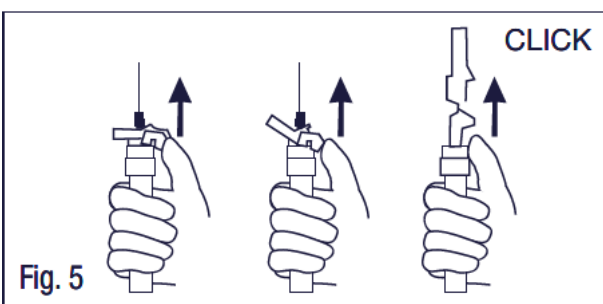
STEP 1



- To prepare for injection, screw the white plunger into the end stopper until the stopper begins to turn (Fig. 1).
- Remember to tighten the needle by twisting the needle cap clockwise.
- Do not overtighten.

<p>STEP 2</p>	<p>Holding the syringe upright, release the diluent by slowly pushing (6 – 8 seconds) the plunger until the first stopper is at the blue line in the middle of the barrel</p>
<p>STEP 3</p>  <p>Fig. 2</p>	<ul style="list-style-type: none"> • Keep the syringe upright. Gently shake the syringe to thoroughly mix the microspheres (powder) to form a uniform suspension (Fig. 2). • The suspension will appear milky. If the microspheres adhere to the stopper or caking/clumping is present, tap the syringe against your finger to disperse. • Do not use if any of the powder has not gone into suspension.
<p>STEP 4</p>	<ul style="list-style-type: none"> • Keep the syringe upright. • With the opposite hand, remove the needle cap without twisting and advance the plunger to expel the air from the syringe.
<p>STEP 5</p>  <p>Fig. 3</p>  <p>Fig. 4</p>	<ul style="list-style-type: none"> • At the time of reconstitution, inject the entire contents of the syringe intramuscularly by inserting the needle at a 90 degree angle into the gluteal area, anterior thigh, or deltoid; injection sites should be alternated (Fig. 3). The suspension settles very quickly following reconstitution; therefore, LUPRON DEPOT should be mixed and used immediately. • Note: Aspirated blood would be visible just below the luer lock connection if a blood vessel is accidentally penetrated. If present, blood can be seen through the transparent LuproLoc® safety device (Fig. 4). If blood is present, remove the needle immediately. Do not inject the medication.

STEP 6



- After injection, withdraw the needle. **Immediately** activate the LuproLoc safety device by pushing the arrow forward with the thumb or finger until the device is fully extended and a CLICK is heard or felt (Fig. 5).

Although the suspension has been shown to be stable for 24 hours following reconstitution, since the product does not contain a preservative, the suspension should be discarded if not used immediately.

As with other drugs administered by injection, the injection site should be varied periodically.

Disposal of syringes should be done according to local regulations/procedures.

Need Help?

Please call 1-888-704-8271:

if you have any questions regarding the drug or this procedure

if the syringe should break or become unusable for any reason and you require a replacement

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